

DARC'S 2022 WINTER PROGRAMS

THE FOLLOWING PROGRAMS ARE BEING OFFERED. FOR THE MOST UP-TO-DATE PROGRAM LISTING, PLEASE CHECK OUT OUR WEBSITE REGULARLY!

Community Partnerships (FREE)

- Parents/Teens- Money Matters Workshop
- Women, Wealth & Wisdom Workshop
- Family Ice Skating Night at Power Play Ice Rink

Leisure & Instruction

- Basic Obedience Training for Puppies
- Personal Resilience (Learn strategies to shift from overwhelmed to calm)
- What is your Social Security Strategy
- Will Prep

Youth Sports & Leagues

- Learn to Ice Skate
- Meraki Run Club
- Pee-Wee, Junior or Senior Bowling Leagues
- Youth Soccer Programs (Ages 2-8)
- Learn to Play Ice Hockey

Music & Arts

- Guitar/Bass/Mandolin/Cello Lessons
- Band Instrument Lessons
- Art Lessons for Preschoolers, Kids, Teens, and Adults
- School's Out Holiday Art Camps
- Young Rembrandt's Drawing Classes

Adult Sports & Leagues

- Adult Tennis Clinic
- Adult Slow Pitch Softball Leagues
- Cornhole League
- Men's Pick Up Basketball League
- Adult-Child Bowling League

Mommy & Me (Preschool)

- Art Classes
- Bitty Ballet
- Preschool & Elementary Yoga Class
- Tots Ice Skating

First Aid/CPR/Babysitting Safety Classes

Health & Fitness

- Active Aging Fitness
- ASP (Adult Sports Fitness)
- Basic Beginner Barre
- Beginner Tai Chi
- Boot Camp Class
- Butts N Guts
- Core, Cardio, TRX, & Power Training
- Dance and Tone
- Dance Party
- HIIT (High Intensity Interval Training)
- Kettlebells Class
- Sculpt & Tone
- Small Group Personal Training
- Summer Shape Up
- The Faster Way w/ Coach K
- YOGA
- Youth Fitness Training

Science, Tech & Nature

- Engineering for Kids
- Coding Classes

Culinary Arts

- Cooking Classes for Kids

Register Today:
www.darc.info

Questions:
610-269-9260



DARC

Downingtown Area
Recreation Consortium