

WORKING TOGETHER FOR A STRONG COMMUNITY



DOWNTOWN AREA RECREATION CONSORTIUM



PROGRAM CATALOG

FALL 2021



REGISTER ONLINE AT
WWW.DARC.INFO



@dtownrec



@downingtowntownrec



@downingtowntownrec



610-269-9260

Greetings Residents! DARC Golf Tournament

As the summer comes to a close, we are so excited for all that this fall has in store! Though everything may not be back to normal yet, we are happy to be offering so many programs that allow for you and your family to participate safely. We want to thank you, our community businesses and the Boroughs & Townships for their continued support throughout these difficult times.

Please take a few minutes to read through our brochure to see what we are offering this Fall. Don't forget to follow us on Facebook, Instagram and Twitter for photos and event reminders.

Sincerely,

Nicole
Executive Director



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HEALTH AND FITNESS

Basic Beginner Barre

Basic Beginner Barre includes easy strengthening and toning exercises done at the ballet barre and in the center of the studio. Balancing exercises and some basic ballet moves are included. No previous experience required. Available for ages 18 and up.

Wednesdays 9/15/2021 - 11/3/2021 10AM-11AM
Wednesdays 1/5/2022 - 2/23/2022 10AM-11AM

Location: Lionville School of Dance

Fee: \$96 Res, \$116 Non-Res



FASTER Way to Fat Loss

The FASTER Way to Fat Loss is a digital health and wellness program that will teach science based strategies to help you burn fat. The program uses whole food nutrition, intermittent fasting, carb cycling, 30 minute workouts for all levels, community and personal coaching to lose fat and improve your health. Classes may be taken anytime between the dates listed below.

9/27/2021 - 11/6/2021

Location: Virtual Instruction via App or Facebook

Fee: \$199 Res, \$219 Non-Res

Beginner Yoga Stretch

Beginner Yoga Stretch classes involve gentle and easy stretching, strengthening and balancing. These classes are a wonderful way to relax and soothe the body, mind and spirit. No previous experience required. Class is available twice a week (tues & thurs) for 8 weeks OR once a week (tues or thurs) for 8 weeks.

Fall Session:

Tuesdays 9/14/2021 - 11/2/2021 10AM-11AM
Thursdays 9/16/2021 - 11/4/2021 10AM-11AM

Winter Session:

Tuesdays 9/14/2021 - 11/2/2021 10AM-11AM
Thursdays 9/16/2021 - 11/4/2021 10AM-11AM

Location: Lionville School of Dance

Fee (once a week): \$96 Res, \$116 Non-Res
Fee (twice a week): \$192 Res, \$212 Non-Res



Daytime Yoga with Pearl

Yoga is the wonderful science of physical and mental well being that has withstood the test of time. You will learn exercises that tone the body and keep you flexible; breathing and meditation techniques that quiet the nervous system; and raise your energy level and dynamic positive thinking. Please bring your own yoga mat with you!

Mondays 9/13/2021 - 11/1/2021 10AM-11:30AM
Thursdays 9/16/2021 - 11/4/2021 10AM-11:30AM

Location: Downingtown Municipal Building-Annex

Fee: \$85 Res, \$105 Non-Res

HEALTH AND FITNESS

Beginner Tai Chi

Tai Chi, an ancient exercise originating in China, is over 2,000 years old. It's slow movements are designed to bring your body, mind and spirit into balance and harmony. In doing so, it preserves your health and can aid arthritis, joint pain, poor balance & coordination, lack of flexibility, etc. It also improves and prolongs your quality of life.

Available for ages 18 and up.

Fall Session: 9/11/2021 - 12/18/2021

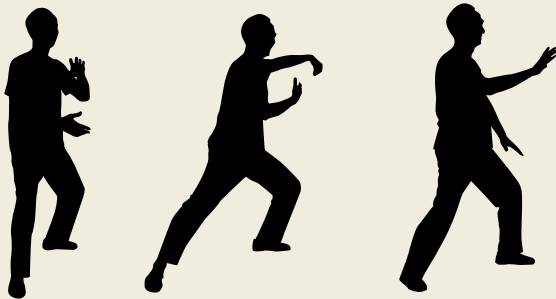
Saturdays 9AM - 10AM & Tuesdays 6PM-7PM

Winter Session: 1/8/2022- 3/8/2022

Saturdays 9AM - 10AM & Tuesdays 6PM-7PM

Location: Downingtown United Methodist Church

Fee: \$268 Res, \$288 Non-Res



Active Aging Fitness

Train and slow the aging process by focusing on mental health, cardiovascular conditioning, strength training, flexibility, fall prevention and balance and have FUN participating. This class is instructed by Maureen Collins.

Available for ages 50 and up.

Mon 9/20/2021 - 11/8/2021 5PM-5:45PM

Location: West Bradford Elementary School

Fee: \$60 Res, \$80 Non-Res

Bus Trips are Back!

December 8th, 2021 - Radio City Music Hall

December 11th, 2021 - NYC "On Your Own"

DARC's bus trips will be returning for the Fall 2021 season! To inquire about the New York City trips listed above, please call the DARC Office at 610-269-9260. Please continue to check www.darc.info for additional bus trips this fall!



SPORTS AND LEAGUES

Adult Softball League

DARC offers Adult Co-Ed & Men's Softball Leagues during the spring/summer and fall seasons. The spring/summer softball leagues generally run from late April until late June/early July. The fall softball leagues generally run from early September until late October/early November. Each League is divided into Competitive and Recreational Divisions for competitive balance. See www.darc.info for game dates and times.

Co-Ed Recreational: 9/8/2021 - 11/21/2021
Co-Ed Competitive: 9/7/2021 - 11/21/2021
Mens Competitive: 9/10/2021 - 10/27/2021

Location: Kerr Park Softball Field and Shamona Main Softball Field

Fee: \$680 Res or Non-Res



Adult Pick-Up Basketball League

Meet weekly to play some basketball, meet some new friends, and get some exercise. Sign up as an individual; teams are drawn weekly by rotating captains. Multiple teams rotate in and out for short games.

Wed 9/22/2021 - 11/10/2021 7:15PM-9:15PM
Wed 3/2/2022 - 4/27/2022 7:15PM-9:15PM

Location: Downingtown Middle School

Fee: \$85 Res, \$100 Non-Res

A Different Skate of Mind

Learn to skate in these 45 minute supervised practice sessions! In this program, you will learn the basic fundamentals of ice skating in a mature, adult only environment, where no previous skating experience is required. This is the perfect opportunity to learn the skills and give you the abilities to assist your children when taking your kids ice skating on a local pond or ice skating at the Rockefeller Center rink in New York. Available for ages 17 and up.

Sat 3/19/2022 - 4/23/2022 8:30AM-9:15AM
Sat 4/30/2022 - 6/11/2022 8:30AM-9:15AM

Location: Downingtown Municipal Building - Annex

Fee: \$115 Res, \$135 Non-Res

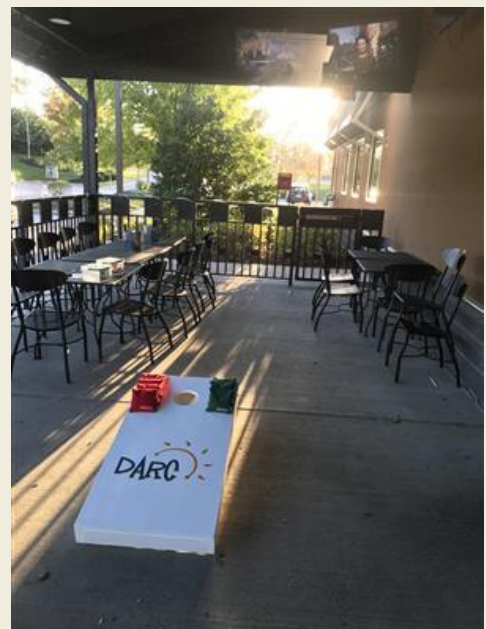
Adult Cornhole League

Toss bags and make friends with DARC! Join us at local restaurants for food, fun and a game of cornhole. Each week, teams are picked at random. Bags fly at 7:15pm!

Thu 1/13/2022 - 3/17/2022 7PM-9PM

Location: PJ Whelihan's Pub and Restaurant

Fee: \$45 Res, \$65 Non-Res OR \$5 drop-in fee



YOUTH SPORTS AND FITNESS

Youth Soccer with Soccer Shots

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum and communication. Our coaches are the best-trained in the business. Our expert approved curriculum is age-appropriate and aligns with childhood education standards. In addition we provide an exceptional customer experience and ongoing communication with parents.

Minis (Ages 2-3)

Mon	9/13/2021 - 10/18/2021	5:15PM-5:45PM
Tues	9/14/2021 - 10/19/2021	5:15PM-5:45PM
Wed	9/15/2021 - 10/20/2021	5:15PM-5:45PM
Fri	9/17/2021 - 10/22/2021	12:15PM-12:45PM
Sat	9/11/2021 - 10/30/2021	8:45AM-9:15AM
Sat	9/11/2021 - 10/30/2021	12PM-12:30PM
Sat	9/18/2021 - 11/6/2021	12PM-12:30PM
Sun	9/12/2021 - 10/31/2021	8:45AM-9:15AM
Sun	9/12/2021 - 10/31/2021	12PM-12:30PM

Locations: see www.darc.info

Fee: \$100 Res, \$120 Non-Res for 6 weeks
\$130 Res, \$150 Non-Res for 8 weeks

Classics (Ages 3-5)

Mon	9/13/2021 - 10/18/2021	5:50PM-6:30PM
Tues	9/14/2021 - 10/19/2021	5:50PM-6:30PM
Wed	9/15/2021 - 10/20/2021	5:50PM-6:30PM
Thu	9/16/2021 - 10/21/2021	5:00PM-5:40PM
Thu	9/16/2021 - 10/21/2021	5:50PM-6:30PM
Fri	9/17/2021 - 10/22/2021	12:50PM-1:30PM
Sat	9/11/2021 - 10/30/2021	9:25AM-10:05AM
Sat	9/11/2021 - 10/30/2021	12:40PM-1:20PM
Sat	9/18/2021 - 11/6/2021	12:40PM-1:20PM
Sun	9/12/2021 - 10/31/2021	9:25AM-10:05AM
Sun	9/12/2021 - 10/31/2021	12:40PM-1:20PM

Location: see www.darc.info

Fee: \$100 Res, \$120 Non-Res for 6 weeks
\$130 Res, \$150 Non-Res for 8 weeks

Premier (Ages 5-8)

Thu	9/16/2021 - 10/21/2021	5:00PM-5:40PM
Thu	9/16/2021 - 10/21/2021	5:50PM-6:30PM
Sat	9/11/2021 - 10/30/2021	10:15AM-10:55AM
Sat	9/11/2021 - 10/30/2021	1:30PM-2:10PM
Sat	9/18/2021 - 11/6/2021	1:30PM-2:10PM

Location: see www.darc.info

Fee: \$100 Res, \$120 Non-Res for 6 weeks
\$130 Res, \$150 Non-Res for 8 weeks



Meraki Run Club

Meraki Run Club is an empowerment program that teaches valuable life lessons through running. Open for all fitness levels. We pair up 8 empowerment principles with 8 running skills to help your child grow as a person and as a runner. Typical class consists of a warm up, lesson (activity/game), running game and cool down. Available for ages 6 to 12 on Mondays and Wednesdays and ages 6-8 on Tuesdays and Thursdays.

Mon/Wed	9/13/2021 - 11/3/2021	4:15PM-5:15PM
Mon/Wed	11/8/2021 - 12/29/2021	4:15PM-5:15PM
Tu/Th	9/14/2021 - 11/4/2021	4:15PM-5:15PM
Tu/Th	11/9/2021 - 12/30/2021	4:15PM-5:15PM
Sat	9/4/2021 - 10/23/2021	10AM-12PM
Sat	10/30/2021 - 12/19/2021	10AM-12PM

Locations: See www.darc.info

Fee: \$260 Res, \$280 Non-Res



YOUTH SPORTS AND FITNESS

Learn to Ice Skate at Power Play Ice Rinks

Have fun while learning the fundamentals of ice skating. The Learn to Skate Program is open to individuals of all ages; children through adult. No previous skating experience is required. Each class consists of a 30-minute group lesson and 30 minutes of supervised practice session. Each student may bring one parent on the ice during their practice session for a small fee. No siblings or friends may be on the ice unless registered in the class. Skate rental is included in the cost of enrollment. Available for ages 6 and up.

Fri	9/10/2021 - 3/18/2022	7:45PM-8:35PM
Fri	3/25/2021 - 7/15/2022	7:25PM-8:15PM
Sat	9/18/2021 - 6/25/2022	12PM-12:50PM

Location: Power Play Ice Rink

Fee: \$145 Res, \$165 Non-Res for 7 classes

Thursdays Tots

This class is set up to teach your 4-6 year olds to learn to ice skate.

Thurs	9/9/2021 - 5/26/2022	1:40PM-2:30PM
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Location: Power Play Ice Rink

Fee: \$145 Res, \$165 Non-Res for 7 classes



Learn to Play Ice Hockey at Power Play Ice Rinks

We offer a Learn to Play Hockey class that is devoted to enhancing the hockey skills needed to advance players into youth ice hockey. Our philosophy is to allow the players to develop their hockey skills while growing their love for the game. Every week the players will work on skating skills, puck skills, and partake in some type of game to keep them coming back for more. All Participants should be able to skate around the ice without falling, do some type of stop, and be able to move backwards. Available for ages 5 to 14.

Sat	9/18/2021 - 3/5/2022	9:55AM-10:45AM
Sat	3/12/2022 - 9/2/2022	6:15PM-7:15PM

Location: Power Play Ice Rink

Fee: \$145 Res, \$165 Non-Res for 7 classes

Discounted Tickets are Almost Gone!

DARC still has discounted tickets to the locations below, but only until September 31st! Come to the DARC Office to claim your tickets before they're gone.

Adventure Aquarium

Morey's Piers

Knoebels Amusement Park

Splash Zone

*For pricing, please visit

www.darc.info

Ticket sales are cash only.*

114 Bell Tavern Rd
Downingtown PA 19335



PRESCHOOL PROGRAMS

Preschool Yoga and Movement

Children's yoga is very different from the serious, quiet yoga class you might experience as an adult. In class, children are not expected to sit still for the entire session or follow a strict outline. Children are encouraged to move freely and to be creative while guided by the instructor. Available for ages 3 to 6.

Mon 9/20/2021 - 10/18/2021 9:30AM-10:15AM

Mon 9/20/2021 - 10/18/2021 1:30PM-2:15PM

Location: East Brandywine Community Park

Fee: \$100 Res, \$120 Non-Res



Tikes T-Ball

Tikes T-Ball is all about the basics. Fun games and activities for first timers to help your child progress towards competitive baseball and softball. Over 4 weekly sessions, they will hone their hitting, throwing and fielding skills and learn about the game of baseball/softball. Available for ages 4 to 6. See www.darc.info for dates and times.

Thurs 9/23/2021 - 10/14/2021 5:30PM-6:30PM

Location: East Caln Park at Bell Tavern- Field

Fee: \$85 Res, \$105 Non-Res



Mommy & Me Toddler Creative Movement Class

Join our instructors for a 45-minute class for kid's ages 20 months to 3 years old. This toddler class will use movement and dance to help the little ones learn coordination, balance, confidence and rhythm. Classes include fun games, songs, stretching, tumbling and traveling moves. We enjoy encouraging everyone (parents included) to create their own dance moves during the program.

Tue 9/14/2021 - 11/2/2021 10:45AM-11:30AM

Location: Victoria J. Irey School of Dance

Fee: \$120 Res, \$140 Non-Res



Bitty Ballet

Bitty Ballet is a program designed for preschool & early education children as an introduction to dance and the basics of ballet. Ballet is a wonderful stepping stone to encourage group participation, listening to an instructor and a true love of dance and movement. Available for ages 2 1/2 to 5.

Tue 10/5/2021 - 11/6/2021 10AM-10:45AM

Location: Downingtown Municipal Building- Annex

Fee: \$95 Res, \$115 Non-Res



ARTS AND MUSIC

Art Classes at Chrysalis Art Center

Primary Art Experience

Variety of art experiences to give students the happy feelings of creative expression in a small cohort of art friends. Skill and age level appropriate projects developing painting, drawing, mixed media, ceramics, cutting, crafts, etc.

Max 6 children, room for 1 parent at workstation.

Wednesday sessions available for ages 3 to 5.

Sunday sessions available for ages 6 to 8.

Wed	9/15/2021 - 10/20/2021	1PM-2PM
Wed	10/27/2021 - 12/1/2021	1PM-2PM
Sun	9/12/2021 - 10/17/2021	1PM-2PM
Sun	10/24/2021 - 11/28/2021	1PM-2PM

Location: Chrysalis Art Center

Fee: \$120 Res, \$140 Non-Res for 6 classes

Afterschool Art

Two hours of foundational art experiences for developing artists, individually based. Work in a studio environment pursuing your art interest, exploring techniques for drawing, painting and sculpture, have a chance to influence project direction and create original artwork. Ongoing classes Tuesdays and Thursdays, come both days or just one day a week. Make up times available. Available for ages 7 to 11.

Tue	9/14/2021 - 10/19/2021	4PM-6PM
Thu	9/16/2021 - 10/21/2021	4PM-6PM
Tue	10/26/2021 - 11/30/2021	4PM-6PM
Thu	10/28/2021 - 12/2/2021	4PM-6PM

Location: Chrysalis Art Center

Fee: \$225 Res, \$245 Non-Res for 6 classes

Art Day Camp

Days off? No school today? Looking for something to do? Sign up for a one day drop-off! Instructors work with students to complete a variety of creative art projects, eat lunch, and get some refreshing group fun on a day off! Requests for projects welcome.

Available for ages 7 to 14.

See www.darc.info for dates and times.

Location: Chrysalis Art Center

Fee: \$200 Res, \$220 Non-Res

Teen Art Workshops

Two hour workshops in many areas of interest: Ceramics, Painting, Drawing, Jewelmaking, Printmaking, Fiber Arts, Paper Arts, Macrame, Mosaics, Enameling, Dyeing, Marbling and Sculpture! Sign up with friends for a small group evening. Friday teen art workshops are ongoing between 3pm-8pm. You may stay for two hours at any point during that period. Available for ages 12 and up

Fri	9/17/2021 - 10/22/2021	3PM-8PM
Sat	9/18/2021 - 10/23/2021	12PM-2PM

Location: Chrysalis Art Center

Fee: \$225 Res, \$245 Non-Res

Saturday Adult Group Art

Students are encouraged to express their creative ideas on canvas, learn brush styles and color theory, study still life, learn from famous artists' styles, sketch and draw during lessons on perspective, animal form and textures, and human proportion. Enjoy this small group interaction while making projects in a studio environment.

Sat	9/18/2021 - 10/23/2021	10AM-12PM
Sat	10/30/2021 - 12/4/2021	10AM-12PM

Location: Chrysalis Art Center

Fee: \$225 Res, \$245 Non-Res for 6 classes

Adult Open Studio Wednesdays

Need a break to pursue your creative self in a relaxing environment? Come join our Wednesday evening Art Studio. Each week will have a different art theme. For example: Draw, Paint, Sculpt, Design using our materials, expertise, storage, and workshop space. Steal time for yourself! Artist(s) will be available for consultation or guidance as needed. Individualized project development, collaboration options, resources to share.

Wed	9/15/2021 - 10/20/2021	6PM-7PM
Wed	10/27/2021 - 12/1/2021	6PM-7PM

Location: Chrysalis Art Center

Fee: \$225 Res, \$245 Non-Res

ARTS AND MUSIC

Young Rembrandts

Drawing and Cartooning

Come have fun with YR this fall! These drawing and cartoon drawing classes complement and expand on your child's existing art programs. Young Rembrandt's instructors will teach all new lessons every week, every session- and you'll get to experience a new media and technique each week with a mix of our drawing, cartooning, anime and pastel lessons. Art classes help increase overall academic skills, fine motor skills, social skills and confidence. Our small class sizes and our step by step methods are sure to help all our students thrive. Available for ages 5 to 12.

Mon	9/20/2021 - 11/8/2021	3:30PM-4:30PM
Mon	11/15/2021 - 1/24/2022	3:30PM-4:30PM

Location: West Bradford Elementary School

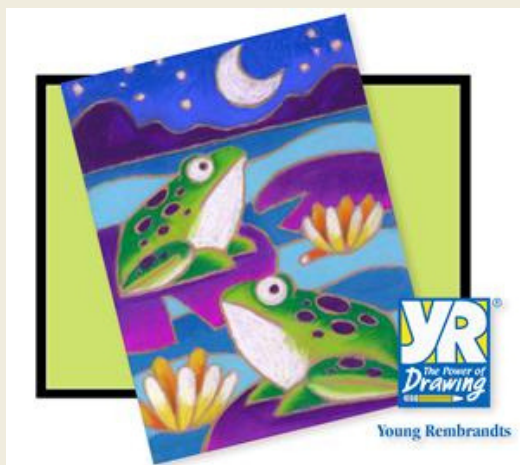
Tues	9/14/2021 - 11/2/2021	5PM-6PM
Tues	11/9/2021 - 1/4/2022	5PM-6PM
Sat	9/18/2021 - 11/6/2021	4PM-5PM
Sat	11/13/2021 - 1/15/2022	4PM-5PM

Location: Downingtown Municipal Building-Annex

Wed	9/22/2021 - 11/17/2021	3:30PM-4:30PM
Wed	11/13/2021 - 1/15/2022	3:30PM-4:30PM
Thurs	9/23/2021 - 11/18/2021	3:30PM-4:30PM
Thurs	12/2/2021 - 2/3/2022	3:30PM-4:30PM

Location: Shamona Creek Elementary School

Fee: \$155 Res, \$175 Non-Res per session



Guitar, Bass, Mandolin, and Cello Instruction by Rich McKenzie

Have you ever wanted to learn how to play music? Now is your chance. You can enjoy private lessons on a variety of instruments. Whether your interest is Guitar, Bass, Mandolin, or Cello, Rich McKenzie, professional player/instructor, will teach you the basics and more. Folk, Country, Rock, Blues, and Irish styles covered by request. Rich has been teaching students for over 20 years and enjoys working with his students.

Wed	9/15/2021 - 10/27/2021	5PM-8PM
Wed	11/3/2021 - 12/22/2021	5PM-8PM

Location: Downingtown Municipal Building - Annex

Fees: \$95 Res, \$115 Non-Res for six 30min. lessons



Piano Lessons

Learn to play the piano through private lessons. Our instructor is a professional pianist who teaches and performs. Lesson time slots will be assigned on a first come, first served basis. Times are offered in half-hour and hour increments. Lessons will be tailored to the interests and goals of the individual students and will include varied repertoire. Participants should have their own keyboard instrument (piano, digital piano, or portable digital piano) at home to practice.

Mon-Fri	9/7/2021 - 12/21/2021	9AM-2PM
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Location: Virtual Instruction on Zoom

Fee: \$210 Res, \$230 Non-Res 6 lessons (1hr each)
\$150 Res, \$170 Non-Res 6 lessons (30min each)

SCIENCE AND TECH

Engineering for Kids

Junior Chemical Engineering

The Junior Chemical Engineering classes introduce our youngest engineers to fundamental concepts of solids, liquids, and solutions. Students investigate the properties of several crazy concoctions and make their own samples of bubbles, play dough, flub, and more. Available for ages 4 to 7.

Thurs 9/30/2021 - 11/4/2021 5PM-6PM

Location: East Ward Elementary School

Fee: \$150 Res, \$170 Non-Res

Applied Chemical Engineering

During the Applied Chemical Engineering classes, students use the Engineering Design Process to design, create, test, and refine various mixtures and solutions with different chemical properties. They develop solutions to clean up an oil spill, synthesize their own rocket fuel, and investigate the secrets behind color pigmentation. Available for ages 8 to 14.

Thurs 9/30/2021 - 11/4/2021 6:30PM-7:30PM

Location: East Ward Elementary School

Fee: \$150 Res, \$170 Non-Res



Wize Computing Academy

Games, Animations and Stories using MIT

Scratch

Students adventure through code as they begin building animations, games, music, videos. They sculpt their coding muscles in this coding adventure and leave having learned to code using this very easy to use tool for block-based coding from MIT. Learn basics of Visual Block Programming using MIT Scratch. Acquire basic programming skills and coding concepts that professional programmers use in their daily work. Harness opportunity to think, to imagine, to explore, to create while having FUN! Learn and apply computational thinking concepts to create games and animations. Available for ages 6 to 14.

Mon 9/6/2021 - 12/20/2021 7PM-8PM

Location: Virtual Instruction on Zoom

Fee: \$399 Res, \$419 Non-Res

Minecraft Modding

In this course students get to go beyond just playing Minecraft, they get to program it! They create mods in Minecraft by learning programming concepts and applying them to realize their ideas. Available for ages 6 to 14.

Tues 9/7/2021 - 12/21/2021 6PM-7PM

Thur 9/9/2021 - 12/16/2021 6PM-7PM

Location: Virtual Instruction on Zoom

**Fee: \$399 Res, \$419 Non-Res for Tuesdays
\$375 Res, \$395 Non-Res for Thursdays**



WIZE
Computing Academy

SCIENCE AND TECH

Wize Computing Academy (cont.)

Mobile App Development

More people rely on mobile devices to meet their needs than ever before. The technologies used to create these apps are expanding and improving quickly, so it's an exciting time to start learning Mobile Development! Learn mobile app developments and deploy app o on both iOS and Android platforms. Available for ages 9 to 14.

Fri 9/10/2021 - 12/10/2021 7PM-8PM

Location: Virtual Instruction on Zoom

Fee: \$350 Res, \$370 Non-Res

Programming in Python

Python is a popular language and is widely used across multiple industries. This class is taught at Beginner, Intermediate & Advanced levels and is designed to help students with very little or no computing background learn Python and use it in various use cases such as Machine Learning, Web Development, Data Sciences etc. Available for ages 10 to 14.

Wed 9/8/2021 - 12/15/2021 7PM-8PM

Location: Virtual Instruction on Zoom

Fee: \$399 Res, \$419 Non-Res

Python with Artificial Intelligence/Machine Learning

This course is designed to help students with some computing background to learn Python and use it in various use cases such as Machine Learning, Web Development, Data Sciences etc. Among other things students will get to learn to create a self driving car, fine tune it, customize it, select a track to race on and try to complete the track in least amount of time using AWS DeepRacer Self Driving Car. Available for ages 11 to 16.

Wed 9/8/2021 - 12/22/2021 6PM-7PM

Location: Virtual Instruction on Zoom

Fee: \$399 Res, \$419 Non-Res

Vex Robotics

Learn Computer Science and Robotics concepts at home without a robot. VEXcode VR lets you code a virtual robot using a block based coding environment powered by Scratch Blocks. VEXcode VR is based on VEXcode, the same programming environment used for VEX 123, GO, IQ and V5 robots. Available for ages 6-14.

Fri 9/10/2021 - 12/10/2021 6PM-7PM

Location: Virtual Instruction on Zoom

Fee: \$350 Res, \$370 Non-Res

**More programs
on our website!**

Did you know DARC adds more programs throughout the season on our website? Scan the QR Code to explore new programs:



YOUTH CULINARY ARTS

Cooking Classes with Crafty Chef Academy

It's Fall Y'all!

It's Fall Y'all! We're welcoming one of the best times of year! Falling leaves, bonfires, pumpkin. Join us as we create fall flavors that you can enjoy all season long! Available for ages 5 and up.

Mon 9/20/2021 5:30PM-7:30PM

Location: Pickering Valley Elementary School

Fee: \$55 Res, \$75 Non-Res

Halloween Treats

Join us for a spooky good time as we make really cool sweet and savory treats for your Halloween Celebration! Available for ages 5 and up.

Wed 10/27/2021 5:30PM-7:30PM

Location: Pickering Valley Elementary School

Fee: \$55 Res, \$75 Non-Res

Taste of Thanksgiving

Some of the best culinary delights are made for this wonderful holiday. Join us as we show how grateful we are for knowing how to cook up yumminess! Available for ages 5 and up.

Mon 11/20/2021 5:30PM-7:30PM

Location: Pickering Valley Elementary School

Fee: \$55 Res, \$75 Non-Res

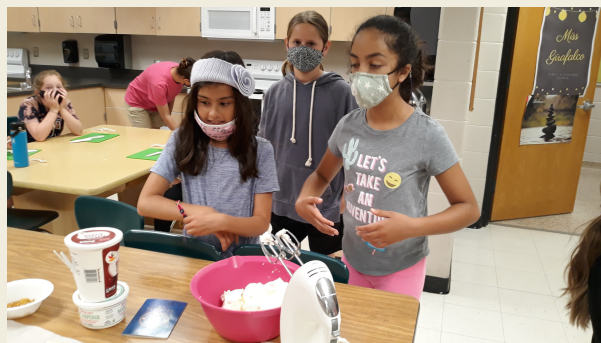
Crafty Cookie Exchange

Who doesn't eat cookies during this time of year? It is the perfect treat to enjoy with milk or to take to one of your many parties. Join us for a fun and creative evening of making a healthy snack to eat and a few holiday specialties. Think...Christmas crunch or reindeer bark, and of course festive cookies to wow a crowd! Of course you'll go home with a tray of treats! Available for ages 6 and up.

Mon 12/13/2021 5:30PM-7:30PM

Location: Pickering Valley Elementary School

Fee: \$60 Res, \$80 Non-Res



Cookies and Cocoa Bombs

What better way to celebrate the winter and holiday seasons than making delicious hot cocoa with the finest ingredients and cookies to go with it. Learn how to set up a hot cocoa bar. You'll make healthy cocoa kits and a couple of cocoa bombs to take home or give as gifts too! If time permits, we'll make festive craft and/or play festive games as well. Available for ages 6 and up.

Mon 1/10/2022 5:30PM-7:30PM

Location: Pickering Valley Elementary School

Fee: \$60 Res, \$80 Non-Res

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Movie Tickets

Discounted Regal Cinema and Movie Tavern Tickets are available for purchase at the DARC Office! Visit 114 Bell Tavern Road, Downingtown PA 19335 to pick up yours today!

Regal Cinema- \$11
Movie Tavern- \$10

Movie Ticket sales are cash only.

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DANCE AND GYMNASTICS

Dance Classes at Victoria J Irey Dance Studio

Ballet/Tap/Tumble

Beginning Ballet includes: learning basic ballet positions, stretch and traveling moves across the floor. Tap includes: warm up, basic taps moves, shuffles, and traveling moves across the floor.

Tumble includes: basic rolls across the floor.

Pink ballet, black tap shoes, black or pink leotard and pink tights required. Available for ages 4 1/2 to 5 1/2 on Mondays and Wednesdays, ages 5 1/2 to 6 1/2 on Saturday mornings and ages 6 1/2 to 8 on Saturday afternoons.

Mon	9/13/2021 - 11/1/2021	4:15PM-5PM
Wed	9/15/2021 - 11/3/2021	12:45PM-1:45PM
Sat	9/18/2021 - 11/6/2021	11:45AM-12:45PM
Sat	9/18/2021 - 11/6/2021	12:45PM-1:45PM

Location: Victoria Irey Dance Studio

Fee: \$120 Res, \$140 Non-Res

Ballet/Tap/Jazz

Beginning Ballet includes: learning basic ballet positions, stretch and traveling moves across the floor. Tap includes: warm up, basic taps moves, shuffles, and traveling moves across the floor. Learn fast moving steps to music by pop artists. Warmup, stretching, turns, leaps and traveling moves down the floor ending with a fun combination. Please wear tan jazz shoes, dance shorts, pants and tee shirt.

Available for ages 6 to 8 1/2.

Mon	9/13/2021 - 11/1/2021	5PM-6:45PM
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Location: Victoria Irey Dance Studio

Fee: \$120 Res, \$140 Non-Res

Irish Step Dancing

Come try this fun and exciting traditional dance of Ireland or brush up on your technique. Please wear comfortable clothing and black ballet shoes.

Available for all ages.

Mon	9/13/2021 - 11/1/2021	6:45PM-7:30PM
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Location: Victoria Irey Dance Studio

Fee: \$120 Res, \$140 Non-Res

Adult Tap

Are you looking for a fun way to exercise? Put on those new tap shoes and release that dancing talent! It's a great way to get moving, regulate weight, generate energy, and literally tap your troubles away. Tap shoes required. Please wear comfortable clothing. Available for ages 18 and up. Beginner classes available on Mondays at 10am and advanced beginner classes available on Mondays at 11am or Tuesdays at 7:30pm.

Mon	9/13/2021 - 11/1/2021	10AM-10:45AM
Mon	9/13/2021 - 11/1/2021	11AM-11:45AM
Tue	9/14/2021 - 11/2/2021	7:30PM-8:15PM

Location: Victoria Irey Dance Studio

Fee: \$120 Res, \$140 Non-Res



Kinderdance

This class combines creative movement, rhythm activities, pre-ballet, tap and tumble. Warm-up, stretch and learn basic ballet and tap moves through song. Please wear pink ballet, black tap shoes, black or pink leotard and pink tights. Available for ages 3 and 4.

Tue	9/14/2021 - 11/2/2021	10AM-10:45AM
Wed	9/15/2021 - 11/3/2021	10AM-10:45AM
Wed	9/15/2021 - 11/3/2021	12:30PM-1:15PM
Sat	9/18/2021 - 11/6/2021	10AM-10:45AM

Location: Vitoria Irey Dance Studio

Fee: \$120 Res, \$140 Non-Res

DANCE AND GYMNASTICS

Dance Classes at Victoria J Irey Dance Studio (cont.)

Hip Hop

This class is full of fast paced, fast beat dance steps to hip hop music. Come check out the newest addition to our staff and learn the many different styles of hip hop! Please wear comfortable clothes and clean sneakers. No street shoes. Beginner classes available on Saturdays at 2:45pm. Advanced beginner classes available on Mondays and boys only classes available on Saturdays at 3:30pm.

Mon	9/13/2021 - 11/1/2021	7:30PM-8:15PM
Sat	9/18/2021 - 11/6/2021	2:45PM-3:30PM
Sat	9/18/2021 - 11/6/2021	3:30PM-4:15PM

Location: Vitoria Irey Dance Studio

Fee: \$120 Res, \$140 Non-Res



Jazz Class

Learn fast moving steps to music by pop artists. Warmup, stretching, turns, leaps and traveling moves down the floor ending with a fun combination. Please wear tan jazz shoes, dance shorts, pants and tee shirt. Available for ages 6 to 8 on Mondays, ages 8 1/2 to 11 on Tuesdays and ages 11 1/2 and up on Thursdays.

Mon	9/13/2021 - 11/1/2021	6PM-6:45PM
Tue	9/14/2021 - 11/2/2021	6PM-6:45PM
Thu	9/16/2021 - 11/4/2021	6:30PM-7:30PM

Location: Vitoria Irey Dance Studio

Fee: \$120 Res, \$140 Non-Res

Beginner Lyrical/ Ballet

Learn basic ballet positions, stretching, traveling steps down the floor ending with a fun lyrical combination. Please wear pink ballet shoes or tan jazz shoes.. Available for ages 10 and up.

Fri 9/17/2021 - 11/5/2021 5:45PM-6:45PM

Location: Vitoria Irey Dance Studio

Fee: \$120 Res, \$140 Non-Res

Acro Tumbling

Are you interested in learning how to tumble without the commitment of gymnastics? Learning cartwheels, round offs, cartwheels into walkovers, and handspring back tuck side aerials, training and flexibility-cheerleaders welcome. Professional coach on staff! No experience needed for beginner acro tumbling (offered Saturdays). Previous tumbling skills required for intermediate tumbling (offered on Mondays).

Mon	9/18/2021 - 11/6/2021	2PM-2:45PM
Sat	9/13/2021 - 11/1/2021	8:15PM-9:15PM

Location: Vitoria Irey Dance Studio

Fee: \$120 Res, \$140 Non-Res

Adult Salsa/Mambo Dance Class

Have fun while getting instruction in basic/intermediate partnering and solo dance patterns. Learn turn combinations, footwork, timing and rhythm coordination. Add style to your dancing with Afro Latino body movement, body isolation and musicality. Take what you learn to the night clubs for social dancing, parties, or do the high impact drills at home for exercise and fun. Join the worldwide excitement of Latin dance. See you there!

Mon	9/20/2021 - 11/8/2021	12PM-1:30PM
Fri	9/24/2021 - 11/12/2021	7:45PM-8:15PM

Location: Vitoria Irey Dance Studio

Fee: \$135 Res, \$155 Non-Res

DANCE AND GYMNASTICS

Dance Programs at Eagle Dance Academy

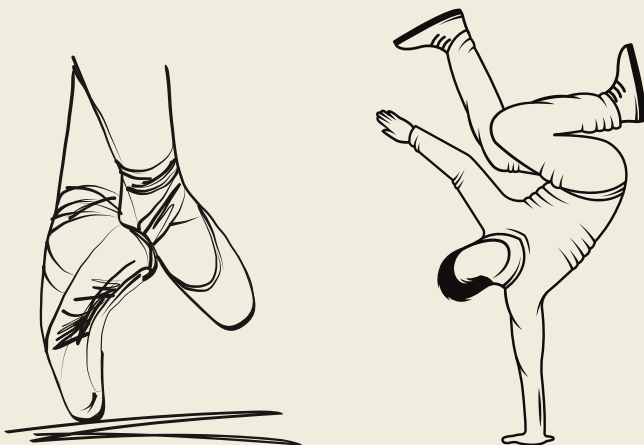
Twinkle Toes Ballet/Tap

Twinkle Toes Ballet/Tap gently introduces little children to the wonderful world of dance through movement, music, and imagination. The instructor will combine the basic skills of ballet and tap dance with props and musical instruments to create a fun learning environment for children to thrive. Available for ages 3 to 5.

Mon	9/13/2021 - 11/29/2021	6PM-6:55PM
Mon	1/3/2022 - 5/9/2022	6PM-6:55PM
Sat	9/18/2021 - 12/4/2021	11AM-11:55AM
Mon	1/8/2022 - 5/14/2022	11AM-11:55AM

Location: Eagle Dance Academy at Power Play Rinks

Fee: \$375 Res, \$395 Non-Res for 12 classes
\$450 Res, \$470 Non-Res for 19 classes



Ballet 1/Lyrical

This class is designed to introduce the graces and basics of ballet, while furthering the development of vital motor skills, coordination, special awareness, and expression through movement. In class, dancers will learn French ballet terminology while working on technique through barre and center floor work.

Classes are based on the Vaganova-style teaching method, and are traditionally organized to include port-de-bras, jumps, turns, and elegant dance routines. Available for ages 6 to 9.

Mon	9/13/2021 - 11/29/2021	12PM-1PM
Mon	1/3/2022 - 5/9/2022	12PM-1PM
Sat	9/18/2021 - 12/4/2021	12PM-1PM
Mon	1/8/2022 - 5/14/2022	12PM-1PM

Location: Eagle Dance Academy at Power Play Rinks

Fee: \$375 Res, \$395 Non-Res for 12 classes
\$450 Res, \$490 Non-Res for 19 classes

Youth Hip-Hop and Funk

Hip Hop n' Funk is a popular dance style that is featured in music videos seen on TV. By breaking down stylized combinations of Street Funk, Hip-Hop, and Pop, you will soon learn to dance the patterns used by professional dancers - all while listening to the latest hits! This is a fun, high-energy class designed to get you moving! There is a mandatory dress required and not included in the price. Available for ages 7 to 13.

Thu	9/16/2021 - 12/2/2021	6:30PM-7:30PM
Thu	1/6/2022 - 5/12/2022	6:30PM-7:30PM
Sat	9/18/2021 - 12/4/2021	1PM-2PM
Mon	1/8/2022 - 5/14/2022	1PM-2PM

Location: Eagle Dance Academy at Power Play Rinks

Fee: \$375 Res, \$270 Non-Res for 12 classes
\$395 Res, \$370 Non-Res for 19 classes

FIRST AID, CPR AND BABYSITTING

Adult / Infant / Child CPR & First Aid

By investing four hours to attend this course, you may be able to save an adult's, or child's, or infant's life. The American Safety & Health Institute instructor will train and certify individuals in the techniques needed for adult, infant and child CPR, choking and rescue breathing. An American Safety & Health Institute student handbook is provided as a guide for this basic first aid course. This course does meet OSHA and the Dept. of Transportation guidelines and you will receive certification cards upon successful completion.

Thursday 10/14/2021 5:45PM-10PM

Location: Downingtown Municipal Building - Annex

Fee: \$90 Res, \$110 Non-Res

Professional CPR

This advanced CPR class is intended to certify healthcare professionals (i.e. nurses, doctors, firefighters, police, dental personnel, etc.). Adult CPR, Pediatric CPR, & AED instruction are all included. Course includes how to care for a choking or non-breathing patient. Will receive an American Heart Association Certification at the end of class. Available for ages 16 and up.

Thursday 9/23/2021 5:45PM-10PM

Thursday 10/21/2021 5:45PM-10PM

Location: Downingtown Municipal Building - Annex

Fee: \$95 Res, \$115 Non-Res

Babysitting Safety Workshops

This American Safety & Health Institute program is developed for the purpose of teaching safe and healthy techniques to teenage children in childcare and babysitting settings. The number one priority of this program is to keep you and the children you care for safe. Childcare/ babysitting is not just "watching" the children, but being 100% responsible for their safety and well-being. Take this course and be more confident when you accept your first babysitting job. You will receive a course handbook and a separate certification card upon successful completion of this class. Please bring an infant size doll & and a bagged lunch to class with you. Available for ages 11 to 15.

Saturday 10/2/2021 8:45AM-3PM

Saturday 12/4/2021 8:45AM-3PM

Location: Downingtown Municipal Building - Annex

Fee: \$95 Res, \$115 Non-Res



INSTRUCTION

Will Preparation Workshop

Do you have a will? Despite the overwhelming need for this vital legal document, most individuals delay in having their Last Will prepared. Do you know what will happen to your assets and your children if you die without a will? The State will dictate who gets your assets and who will take care of your minor children. Wouldn't you rather be in charge of those extremely important matters? This course will provide you with the elements and information you need to know when having a Will drafted by an Attorney. Available for ages 18 and up.

Wednesday 10/20/2021 7PM-8:30PM

Location: Virtual - Zoom

Fee: \$95 Res, \$115 Non-Res

What is your Social Security Strategy?

"What's Your Social Security" walks you through common, but surprisingly complex situations including: How being married, divorced or widowed impacts your benefits, strategies to give your Social Security check a government-guaranteed boost, and how benefits for one spouse are affected based on when and how the other spouse files. This presentation will educate you on the many decisions involved in claiming Social Security, as well as their consequences, and provide strategies to maximize the benefits received. Available for ages 18 and up.

Tuesday 10/14/2021 6PM-8PM

Tuesday 10/26/2021 6PM-8PM

Location for 10/14: East Brandywine Township-Meeting Room

Location for 10/26: Upper Uwclan Township-School House

Fee: \$20 Res, \$30 Non-Res



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