

Working Together for a Stronger Community



**Downingtown Area
Recreation Consortium**

**Program Catalog
Spring/Summer 2019**

Keep until September 2019



DARC Adventure Camps



Playground Camps



Broadway Shows & Bus Trips



Specialty Summer Camps

Register Online at darc.info



Spring is in the Air and Summer is Right Behind!

Community supported DARC has been hard at work to bring you excellent summer camp opportunities, exciting new program offerings, interesting trips and tours and free community events.

Our new DARC adventure camps offer a full day camp for both elementary and middle school aged children. Our Adventure Camps differ from other camps in the area in that each and every day we go on an awesome adventure. We vary our destinations so that each week the campers have lots of outdoor time, arcade time, a tour or museum and of course swimming.

Our Middle School Adventure Camp will travel to Hershey Park, Sahara Sam's, Zip- Lining, Sea Isle City, Washington DC and so much more! Our Elementary Aged Trips include, Lego Land, Dutch Springs Aqua Park, Dutch Wonderland, Tree House World, and many other exciting places.

Playground Camps are perfect for the younger set. These Camps run out of Bradford Heights, Lionville, and Shamona Creek Elementary Schools. These camps run Monday through Thursday from 9:00 until noon. These low cost camps offer lots of time on the playground, large group games in the gym, songs, stories, and crafts.

We offer specialty camps for all interest. These camps include sports, art, performing art, engineering, computers, Bricks4Kids, cooking, and chess. Check out the summer rugby program, rugby is one of the fastest growing sports in the country. All of our specialty camps are run by experienced professionals.

We offer year-round programming from age 2 through super senior. Some of our new offerings include, Basic Car Repair, Teen Yoga, and Senior health and fitness classes. We are always looking to improve our offerings. Please let us know if you have new program ideas.

Join us on a trip to New York to see some hot Broadway shows, or simply explore the city on your own. We are headed to Baltimore for a day at the Inner Harbor. We will also visit the 9/11 Memorial Site in the fall. This is a moving experience not to be missed.

Lastly, join us for a free night of fun at Elite Escape in Exton. Elite Escape Room is a great experience for all ages that love to be with friends/family, solve puzzles, find clues, and most of all to have fun! They are offering a free night to DARC residents on May 15 from 5:30 to 10:00. Come and see what the excitement is all about! You MUST pre-register.



Working Together for a Stronger Community



Community Partnership between Darc and Elite Escape

DARC is happy to announce our community partnership with Elite Escape. Elite Escape will open their doors free of charge to DARC residents on May 15, 2019 from 5:30 to 9:30. Come join us in welcoming Elite Escape to the Downingtown Family and enjoy a free night of family fun. You **MUST** preregister at www.DARC.info. Only register for ONE session.



Elite Escape Room is the Exton area’s premier, live action, escape room. You will have 60 minutes to work together to crack the codes, find clues and solve the puzzles to achieve one goal: escaping the room! Join friends, family, or co-workers as you work together and channel your inner detective. Can you escape the room in time?

Escape from Oz Description:

You are part of the Gale family in Kansas, you find yourself trapped inside of your auntie’s home with a tornado on the horizon. You bump your head and wake up not knowing where you are and what you’re going to do next, but no one else is around the house. One things for sure... You’re not in Kansas anymore! So follow the Yellow Brick Road, find the keys to the Emerald City and get yourself back because there’s no place like home!



Andy’s Room Description:

Ah vacation time is in the air! The bags are packed, the car is gassed up, and your parents are finishing up everything to leave. There’s only one problem, you can’t find your favorite toys! With your parents trying to hit the road in one hour, you only have one goal in mind. Find your toys before the car ride becomes your worst, most boring nightmare!



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DARC CAMPS & PLAYGROUND PROGRAMS

Half Day Playground Camps for Pre-School and Elementary School Ages

Our, low cost, Half Day Playground Program will be offered Mondays through Thursdays from 9 am to Noon at local elementary schools. This year we are offering camps at Bradford Heights, Lionville, and Shamona Creek Elementary Schools. No camp on Fridays.

Our pre-school camps (ages 3-4 & 5-6) have a lower number of campers and a higher ratio of camp staff to meet the needs of the younger children.

Each of the weeks will be based around a theme of the week. Day to day activities will include sports & games, arts & crafts, team building activities, plenty of outdoor playground time, and one day per week will be a "water day" with water related activities (weather permitting). Children will have a great time making friends and getting a lot of exercise in a fun environment.

Each camp has a Site Supervisor with professional childcare experience who supervises the camp. Our staff will consist of well-qualified college and high school students. You can sign your child up for one week or all summer. The weekly cost for 7-11 year olds is \$55 for residents. The weekly cost for younger kids - because of a higher staff ratio - is \$70 for residents.

Week 1

06/17/2019 - 06/20/2019 - Down on the Farm

Week 2

06/24/2019 - 06/27/2019 - Sport Super Stars

Week 3

07/01/2019 - 07/03/2019 - USA Week

Week 4

07/08/2019 - 07/11/2019 - Nature Week

Week 5

07/15/2019 - 07/18/2019 - Let's Take a Trip

Week 6

7/22/2019 - 07/25/2019 - Beach Week

Week 7

07/29/2019 - 08/01/2019 - Out of This World

Week 8

(offered only at our Lionville Elementary location)

08/05/2019 - 08/08/2019 - Time Travelers

SUMMER CAMP FAIR - OPEN HOUSE

Join us Wednesday, April 24, 5 - 7 p.m.

Lionville Elementary School

Come and learn about all the exciting camp opportunities available through DARC this summer!

We are offering half day Playground Camps at local elementary schools for ages 3 to 11.

Low Cost, High Energy Activities for your child.

We are offering full day Adventure Camps for both elementary and middle school aged children.

Each day we take off on a new adventure. Some of our destinations include Lincoln Financial Field Tour, Swimming, Zip-lining, Amusement Parks, and so much more!

We also offer over 50 specialty camps! Something for Everyone. Sports, Art, Theater, Music, Cooking, Science, Engineering, Nature, Lego, Chess Camps and More!

Camp Discounts, Free T shirts, and so much more! Bring a friend.



Elementary School Adventure Camp

Our Adventure Day Camp Program for elementary school students aged 7 to 11 sends your child on a unique activity each and every day. Unlike other camps, we take your child by school bus to local attractions, events, museums, and a weekly pool session.

Each week there will be one “major” trip to a park or attraction, a one-day trip to a nearby State Park, and smaller trips to local arcades and attractions and community parks. We have made many changes this year to our action packed Elementary Adventure Camps. We’ve added exciting new trips and adventures including Lancaster Science Museum, Creek Exploration, Kutztown Folk Festival, and LegoLand. Join us for a fun-filled and thrilling summer!

Our Adventure Day Camp is offered Mondays thru Fridays from 9 am to 4 pm. Extended care (purchased separately) is available in the morning from 7:30 to 9 am and/or in the afternoon from 4 to 5:30 pm. You can sign your child up for one week or all eight weeks. Camp cost is \$245 per week for residents and \$265 per week for non-residents. Extended care is an additional \$40 per week.

The Adventure Day Camp Programs have two locations for you to choose from: All Star Baseball Academy (417 Boot Rd) in Downingtown or Power Play Ice Rink (701 Haywood Dr) in Eagle. Both Elementary Adventure Camp locations will participate in the same activities each week this summer.

Week #1 June 17-21

Lincoln Financial Field Tour, Bumper Boats and Rock Climbing at Ozzy’s, Creek Exploration and Archery at Black Rock, State Park Pool Swimming, Herr’s Snack Factory Tour

Week #2 June 24-28

Lancaster Science Museum, Swimming at Mt. Gretna, Lancaster Barnstormers Game, State Park Pool Swimming, Arcade Day at Arnolds

Week #3 July 1-5 (Excluding July 4th)

Oasis, Kutztown Folk Festival and Crystal Cave, Dutch Springs Aqua Park, State Park Pool Swimming,

Week #4 July 8-12

Amazing Maze at Cherry Crest Farm, Arcade and Mini Golf at Grand Slam, Dutch Wonderland, Briar Bush Nature Center, State Park Pool Swimming

Week #5 July 15-19

Franklin Institute, Laser Tag, Tree House World, Tubing down the Brandywine, State Park Pool Swimming

Week #6 July 22-26

LegoLand, Trampoline Park, Swimming at Mt. Gretna, Philadelphia Zoo, State Park Pool Swimming

Week #7 July 29- August 2

Bowling and Ice Skating, Philadelphia Union Tour and Minor League Soccer Game, Sahara Sam’s Water Park, Renaissance Faire, State Park Pool Swimming

Week #8 August 5-9

Adventure Aquarium, Laser Tag, Clip and Climb at Spooky Nook, State Park Pool Swimming, Springton Manor and Mini Golf

Week #9 August 13-17 *(offered only at our All Star location)*

Arcade Fun at the Works, Bowling and a movie, Brandywine Picnic Park, FunPlex, State Park Pool Swimming





DARC CAMPS & PLAYGROUND PROGRAMS

Middle School Adventure Camp

Our Adventure Day Camp Program for middle school students aged 11 to 13 sends your child on a unique activity each and every day. Unlike many other camps, we take your child by school bus to local attractions, events, museums, and a weekly pool session.

Each week there will be one “major” trip to an amusement park or major attraction, a one-day trip to a nearby State Park, and smaller trips to local attractions and community parks. We have made our middle school adventure camps even more exciting by adding new and interesting experiences. We will tour Lincoln Financial Field. We will test our strength and agility on ropes courses and zip lines. We will explore Natural Science, Have fun at Dorney and Hershey Parks, and new this year we will spend the day touring Washington DC. And of course, we will visit all the camp favorites from previous years!

Our Adventure Day Camp is offered Mondays thru Fridays from 9 am to 4 pm. Extended care (purchased separately) is available in the morning from 7:30 to 9 am and/or in the afternoon from 4 to 5:30 pm. You can sign your child up for one week or all eight weeks. Camp cost is \$270 per week for residents and \$290 per week for non-residents. Extended care is an additional \$40 per week.

The Adventure Day Camp Programs have two locations for you to chose from: All Star Baseball Academy (417 Boot Rd) in Downingtown or Bell Tavern Park (100 Bell Tavern Road) in East Caln. Both Middle School Adventure Camps will participate in the same activities each week this summer.

Week #1 June 17-21

Laser Tag, Tour the Wells Fargo Center (Home to the Flyers and 76’rs), swimming at Mt. Gretna, Trampoline Park, State Park Pool Swimming

Week #2 June 24-28

Bumper Boats and Roller Skating at Ozzy’s, Franklin Institute and Imax experience, High Ropes and Zip Lines, Lancaster Barnstormers (Minor League Baseball Game), State Park Pool Swimming

Week #3 July 1-5 (Excluding July 4th)

Amazing Maze at Cherry Crest Farm, Dutch Spring Aqua Park, FunPlex, State Park Pool Swimming

Week #4 July 8-12

Lincoln Financial Field Tour, Rock Climbing, Beach Day, Tubing down the Brandywine, State Park Pool Swimming

Week #5 July 15-19

Academy of Natural Science, Go Karts at Arnolds, Hershey Park, Bowling and Ice Skating, State Park Pool Swimming

Week #6 July 22-26

Citizens Bank Park Tour, Trip to Washington DC, Trampoline Park, Brandywine Picnic Park, State Park Pool Swimming

Week #7 July 29- August 2

Turkey Hill Experience, Philadelphia Union Tour and Minor League Game, Renaissance Faire, Sahara Sam’s Water Park, State Park Pool Swimming

Week #8 August 6-10

Philadelphia Zoo, Spooky Nook Sports, Beach Day, Escape Room, State Park Pool Swimming

Week #9 August 13-17 (offered only at our All Star location)

Swimming at Mt. Gretna, Adventure Aquarium, Dorney Park, Rock Climbing, State Park Pool Swimming



Bricks4Kidz- Remote Control Mania Camp

Making it move is the name of the game at this exciting camp! Kids will love to see their creations in motion using LEGO® wireless remote controls. Each day, campers will use fascinating and challenging LEGO® components to create dynamic vehicles, inventions, machines and more. As they enjoy the fun of building, campers will understand the basic working principles of many ingenious devices that are part of our everyday lives.

Campers will also learn how to magnify, diminish and redirect force to move objects at different speeds and in different directions.

This camp is loads of fun and learning for budding builders. *All Campers take home a custom mini-figure. Sign up early! The max count for this camp is 24.

LEGO® is a registered trademark of the LEGO® Group of companies which does not sponsor, authorize or endorse these programs.

Bricks4Kidz -Remote Control Mania Camp

Ages 5 - 12

Weekdays

07/15/2019 - 07/19/2019

9 AM - 12 PM

East Brandywine Twp. Building Meeting Room

\$175 Res, \$195 Non-Res



Bricks4Kidz- Galaxy Far Far Away

Inspired by Star Wars™, Bricks4Kidz® Galaxy Far Far Away camp is packed full of LEGO® Star Wars™ themed models, that will make your imagination blast off! Bricks4Kidz® Space Adventure Workshop provides the spark of imagination and creativity to take off on an adventure that's out of this world.

Ages 5 - 12

Weekdays

08/12/2019 - 08/16/2019

9 AM - 12 PM

East Brandywine Twp. Building Meeting Room

\$175 Res, \$195 Non-Res

Bricks4Kidz- Jurassic Brick Land

Are you ready for the adventure of a lifetime? Put on your hiking boots and camouflage...you're about to enter Jurassic Brick Land! Campers will build a world that comes to life with gentle Brontosaurus, ferocious Velociraptor, terrifying, T.Rex, and more. We'll learn about amazing dinosaurs that lived during the Jurassic period, and other extinct, prehistoric animals that roamed the earth and swam the seas during that era and millions of years later. Show us your building skills using our specialized project kits! Come learn, build and play at Jurassic Brick Land camp! Included in every camp is our wildly popular Battle Tracks where kids get to build their own motorized battle bot using their creativity and battle it out with other kid's bots!

Ages 5 - 12

Weekdays

07/29/2019 - 08/02/2019

9 AM - 12 PM

East Brandywine Twp. Building Meeting Room

\$175 Res, \$195 Non-Res



YOUTH SPECIALTY CAMPS

Chess Camp by Shining Knights Chess

Shining Knights Chess

Knights, captures, action!

Whether you are new to the game, learning to push pawns for the first time, or have played in numerous tournaments, and want to sharpen your skills, come to a Shining Knights Chess



Camp! We have trained numerous state champions and national trophy winners. We have trained even more kids to enjoy the game that they can spend hours playing with friends and family. So, whether you want to win games in your living room against your parents or win tournaments in other states, come join us and learn how to play chess or play better chess! Campers receive a tournament-style chess set and a Shining Knights T-shirt.

Ages 6 - 13
Monday - Thursday
07/08/2019 - 07/11/2019
9 AM - 12 PM
Shamona Creek
Elementary
\$160 Res, \$180 Non-Res

Ages 6 - 13
Monday - Thursday
07/29/2019 - 08/01/2019
1 - 4 PM
East Brandywine Twp.
Building Meeting Room
\$160 Res, \$180 Non-Res

Kids Cooking Camp - Healthy Hands Cooking

In this fun camp, children will build self-confidence and learn skills that will last them a lifetime. We will learn how to make healthy snacks, breakfasts, lunches, and dinners from our Healthy Hands Cooking curriculum. Campers will get a Kids Kitchen Kit with a workbook, and kitchen supplies. A Certificate of Completion will be awarded to our young chefs at our end of camp luncheon. Class 1: Healthy Snacking, Class 2: Healthy Breakfasts, Class 3: Healthy Lunches, Class 4: Healthy Substitution of our Favorite Foods.

Ages 6 - 14
Monday - Thursday
06/17/2019 - 06/20/2019
9 AM - 12 PM
Lionville Elementary
\$250 Res, \$270 Non-Res

Ages 6 - 14
Monday - Thursday
07/15/2019 - 07/18/2019
9 AM - 12 PM
Shamona Creek
Elementary
\$250 Res, \$270 Non-Res

Kids Cooking Workshop - 'Candy, Cakes, Cookies' or Cream'

This two hour class is fun and sinfully delicious. But, everything in moderation is the motto! Recipes may include candy making, cupcake/cake making and decorating, and cookie design. Activity sheets, recipes, helpful tips, and individual workstations for hands-on activity are included in the course. This class starts with 30 minutes of nutritional education and activities.

Ages 6 - 14
Wednesday
08/07/2019
9:30 - 11:30 AM

Shamona Creek
Elementary
\$55 Res, \$75 Non-Res

Where the Wild Things Live: Nature Discoverers

Be ready to discover where the wild ones live on land, in the air and in the water! Each morning we will learn about a different type of animal that lives here: birds, mammals, insects, reptiles, fish and amphibians and what makes them unique. Have fun doing hands-on, action packed nature activities: games, walks, crafts, and stories! All activities will take place outside so we recommend being prepared for the weather, getting dirty and wet. Please bring plenty of water, a snack, and sunscreen to camp every day.

Ages 4 - 7
Weekdays
07/15/2019 - 07/19/2019
9:30 AM - 12 PM

Broad Run Park Pavilion
C - Pond
\$90 Res, \$110 Non-Res

Where the Wild Things Live: Nature Detectives

What animals and plants live in the field, forest, field, sky and stream? Use your detective skills to explore and discover where they live, hide, fly, run, crawl and swim. Be ready for fun, hands-on, action-packed activities: hikes, games, and projects as we investigate nature's mysteries every morning this week! All activities will take place outside so we recommend being prepared for the weather, getting dirty and wet. Please bring plenty of water, a snack, and sunscreen to camp every day.

Ages 6 - 8
Weekdays
07/22/2019 - 07/26/2019
9:30 - 12 PM

Broad Run Park Pavilion
C - Pond
\$90 Res, \$110 Non-Res

High Performance Middle/High School Summer Tennis Camps

This camp is perfect for players wanting to take their game to the next level with drills, games and match play. Please bring your own racquet and plenty of water. Sunscreen is also recommended. Must wear appropriate sneakers (no black soled sneakers, flip flops, or sandals).

(for intermediate level players & up)

General Information

Coordinated and instructed by Justin DePietropaolo; current Head Coach of the Downingtown West High School Boys and Girls Tennis Teams. For more information on tennis clinics and camps offered by Justin DePietropaolo please contact Justin directly 484-883-0048 or justin@phillyteamtennis.org.

(rain dates will be offered if necessary)

Ages 12 - 17

Weekdays

06/17/2019 - 06/21/2019

07/08/2019 - 07/12/2019

07/22/2019 - 07/26/2019

08/05/2019 - 08/09/2019

10:15 - 11:45 AM

Downingtown West High School Tennis Courts

\$90 Res, \$110 Non-Res



Net Generation Junior Summer Tennis Camps

Our net generation players range from kids entering PK to the 6th grade. Kids are divided up into groups by age and ability. Our 8 and under players (usually 5-8 year olds) will be playing and learning on 36 foot courts with red balls. Our 10 and under players (usually more experienced 8 year olds and 9-10 year olds) will be playing and learning on 60 foot courts with orange balls.

Our 12 and under players (usually more experienced 10 year olds and 11-12 year olds) will be playing and learning on



full size courts with green dot balls. These are the official formats used for the USTA competition for those age groups. Our format is THE way to train and play for youth tennis. Focus of the camp will be on fundamentals, racquets, skills, match play, and fun! This camp is for beginner to advanced players. Players will be divided into groups according to age and ability.

(rain dates will be offered if necessary)

Ages 5 - 12

Weekdays

06/17/2019 - 06/21/2019

07/08/2019 - 07/12/2019

07/22/2019 - 07/26/2019

08/05/2019 - 08/09/2019

9 - 10:15 AM

Downingtown West High School Tennis Courts

\$80 Res, \$100 Non-Res

COUNSELOR IN TRAINING PROGRAM

Do you have a teenager who is too old for our Middle School Camps, but not yet old enough for Camp Counselor employment? We offer a CIT program for teenagers who are 14 to 15 years old. We have many opportunities for them to mentor children in a supervised environment at our half day Playground Camps. We have select opportunities for more mature teenagers to provide an added hand during our full day Elementary Adventure Camps. Please call our office at 610-269-9260 or e-mail downingtownrec@gmail.com for more information. The link to apply for our summer jobs is <https://goo.gl/forms/JQnXES13euqEPFXE2>



YOUTH SPORTS CAMPS

Honeybrook Golf Club - Girls Only- Junior Golf Camp

Girls Only Junior Golf Camp is a great way for young ladies to get introduced to the game of golf in a comfortable, supportive setting. The girls will learn the fundamentals such as grip, stance, setup, aim and swing. Everything will be covered from driving to putting. There will also be plenty of games and fun!

If you have your own golf clubs, feel free to bring them. If you do not have your own golf clubs, they will be provided if needed. Please wear golf attire.

Ages 7 - 15
Monday - Wednesday
06/24/2019 - 06/26/2019
9 AM - 12 PM
Honeybrook Golf Club
\$145 Res, \$165 Non-Res

Honeybrook Golf Club - Junior Golf Camps (Coed)

Honeybrook Junior Golf Camps are a great way for students to get introduced to the game of golf and learn the basics in a fun environment. The students will learn the fundamentals such as grip, stance, setup, aim and swing. Everything will be covered from driving to putting. There will also be plenty of games and fun! Many of our students over the years have gone on to become great players and have made lifelong new friends.



If you have your own golf clubs, feel free to bring them. If you do not have your own golf clubs, they will be provided if needed. Please wear golf attire.

Ages 7 - 14
Monday - Wednesday
06/17/2019 - 06/19/2019
07/15/2019 - 07/17/2019
08/12/2019 - 08/14/2019
9 AM - 12 PM
Honeybrook Golf Club
\$145 Res, \$165 Non-Res

Youth Basketball with the US Sports Institute

Youth Basketball with The US Sports Institute is a great way to introduce your child to the sport of basketball! Each session is facilitated by a USSI coach who has a background in teaching and educating in their respective sport. Take a look at the programs below to choose the best one for your child.

USSI's Basketball Squirts program for ages 4-5 is designed to introduce your budding NBA star to the high energy game of basketball! Using proportionately



sized basketballs, this program encourages players to develop motor skills and basic technique in passing, dribbling and shooting. Players will be taught through a series of fun challenges, structured activities and scrimmages.

The summer basketball camp is perfect for children aged 6-14 as it introduces a wide range of skills throughout the week including dribbling, passing and shooting. Each day ends with small-sided games where the coaches encourage good sportsmanship and teamwork. Participants will develop an understanding of offensive and defensive plays, and be encouraged to implement these skills into realistic scrimmages and game-play situations. This summer camp is appropriate for basketball players ranging from beginners, to those already well versed in the sport of basketball. Groups are separated by age and ability to ensure all players flourish in the optimum positive learning environment while having a great time.

Basketball Squirts (Summer)

Ages 4 - 5
Weekdays
07/29/2019 - 08/02/2019
4:30 - 5:30 PM
Broad Run Park
Basketball Courts
\$99 Res, \$119 Non-Res

Basketball Camp (Summer)

Ages 6 - 14
Weekdays
07/29/2019 - 08/02/2019
5:30 - 7 PM
Broad Run Park
Basketball Courts
\$129 Res, \$149 Non-Res

Youth Multi Sports with the US Sports Institute

Parent & Me Multi Sports programs have been designed to introduce children aged 2-3 years old to a variety of sports, games and group activities, all with the help of Mom or Dad! Children will have the opportunity to try Lacrosse, Soccer, T-Ball, Track & Field and Parachute Games in a safe, structured environment. This is an excellent opportunity for you to spend quality time together while easing your child into social situations with support and confidence, which will enable them to move onto our Multi Sports Squirts classes.

Ages 2 - 3

Weekdays

06/24/2019 - 06/28/2019

5 - 5:45 PM

Bell Tavern Park Field Area

\$99 Res, \$119 Non-Res

The Sports Squirts and the Total Sports Squirts programs allow children ages 3-5 to experience a variety of sports throughout their program. It is the perfect introduction to athletics for your future sports star! Participants will have the opportunity to experience Lacrosse, Soccer, T-Ball, and Track & Field.

Ages 3 - 5

Weekdays

06/24/2019 - 06/28/2019

5 - 5:45 PM

Bell Tavern Park Field Area

\$99 Res, \$119 Non-Res



Multi Sport Camp is the perfect summer activity for children ages 5-12. During the morning players will focus on developing their technique and skills within each sport, and gain a basic understanding of playing a scrimmage. The afternoon will focus on small sided scrimmages in a tournament environment that encourages good sportsmanship and teamwork. To ensure the success in development for all children, players will be grouped by age and ability. Half and full day options are available.

Weekday Mornings

Ages 5 - 12

06/24/2019 - 06/28/2019

9 AM - 12:30 PM

Bell Tavern Park Field Area

\$169 Res, \$189 Non-Res

Weekday Afternoons

Ages 5 - 12

06/24/2019 - 06/28/2019

1 - 4 PM

Bell Tavern Park Field Area

\$129 Res, \$149 Non-Res

Weekdays - Full Day

Ages 5 - 12

06/24/2019 - 06/28/2019

9 AM - 4 PM

Bell Tavern Park Field Area

\$199 Res, \$219 Non-Res

Weekdays Mornings

Ages 5 - 12

07/01/2019 - 07/03/2019

9 AM - 12:30 PM

Bell Tavern Park Field Area

\$119 Res, \$139 Non-Res

Weekdays - Full Day

Ages 5 - 12

07/01/2019 - 07/03/2019

9 AM - 4 PM

Bell Tavern Park Field Area

\$129 Res, \$149 Non-Res



YOUTH SPORTS CAMPS

Youth Soccer with the US Sports Institute

Youth Soccer with The US Sports Institute is a great way to introduce your child to soccer! Each session, your USSI coach will lead your child through a series of fun games and activities, designed to encourage learning, develop motor skills, and promote social interaction. All of our progressive curricula enable your child to work together to learn the key skills and techniques in soccer. Take a look at the soccer program below to choose which is best for your child.

Parent & Me Soccer Squirts is a fun and positive introduction to soccer for children ages 2-3 with a helping hand from Mom or Dad! With a parent participating by their side, kids will have fun learning the fundamental skills of soccer through structured activities, fun based games, and scrimmages.

Parent and Me Soccer Squirts (Summer)

Ages 2 - 3

Weekdays

07/22/2019 - 07/26/2019

5 - 5:45 PM

Bell Tavern Park Field Area

\$99 Res, \$119 Non-Res

Soccer Squirts is the next level up for children 3-5 and is another perfect introduction to soccer. Skills covered include dribbling, passing, shooting, stealing, and more. Each session is taught through structured activities, fun games, and scrimmages.

Soccer Squirts (Summer)

Ages 3 - 5

Weekdays

07/22/2019 - 07/26/2019

5 - 5:45 PM

Bell Tavern Park Field Area

\$99 Res, \$119 Non-Res



Soccer Camp is a great summer activity to get children ages 5-12 involved in the world's most popular sport! This soccer camp is perfect for players of all levels. To ensure the development future soccer stars, players are grouped together based on age and ability. This allows players to experience the excitement of soccer through the concepts of free play, self-expression and creative imagination by competing with players of equal ability. Soccer Camp is available in a half or full day session.

Weekdays - Mornings

Ages 5 - 12

07/22/2019 - 07/26/2019

9 AM - 12:30 PM

Bell Tavern Park Field Area

\$169 Res, \$189 Non-Res

Weekdays - Afternoons

Ages 5 - 12

07/22/2019 - 07/26/2019

1 - 4 PM

Bell Tavern Park Field Area

\$129 Res, \$149 Non-Res

Weekdays - Full Day

Ages 5 - 12

07/22/2019 - 07/26/2019

9 AM - 4 PM

Bell Tavern Park Field Area

\$199 Res, \$219 Non-Res



Painting Techniques for Beginners Camp with Beth Valitski

Students will use a variety of paints and styles to create original paintings. Students are encouraged to try new techniques and experiment with materials. Basic color theories will be taught and students will have a wide range of experiences in painting methods.

No projects will be repeated from previous classes/camps.



Ages 5 - 11
Monday - Thursday
07/22/2019 - 07/25/2019
9 AM - 12 PM
Bradford Heights Elementary
\$135 Res, \$155 Non-Res

Construction and Design Art Camp with Beth Valitski

Students will use a variety of materials in creating original art in 2-D & 3-D: Options for Collage/Assemblage, wind sculptures, clay, paper mache, weaving, or papermaking by interest.

Ages 5 - 11 **9 AM - 12 PM**
Monday - Thursday **Lionville Elementary**
07/15/2019 - 07/18/2019 **\$125 Res, \$145 Non-Res**

Sculpture Basics Camp - Building 3-D Art with Beth Valitski

Students will use a variety of materials to create 3-Dimensional artwork. They will have fun learning techniques of sculpture, terms, and styles. Works by famous artists will be studied. If you like to build things, come sculpt with us!

Our instructor is a teacher in the West Chester School District.

Ages 5 - 11
Monday - Thursday
07/08/2019 - 07/11/2019
9 AM - 12 PM
Bradford Heights Elementary
\$135 Res, \$155 Non-Res

Drawing & Painting Combo Camp with Beth Valitski

Students with an interest in drawing and painting basics will learn various traditional methods of sketching, drawing, and rendering with an array of materials. They will review and explore basic painting techniques and color mixing. Work by famous artists will be studied and styles looked at. Students will work toward trying new techniques and practicing with previously learned methods.

Ages 5 - 11 **Shamona Creek**
Monday - Thursday **Elementary**
06/24/2019 - 06/27/2019 **\$135 Res, \$155 Non-Res**
9 AM - 12 PM

Drawing Overview for Elementary Artists Camp with Beth Valitski

Students with an interest in drawing will learn various traditional methods of sketching, drawing, and rendering with an array of materials. Work by famous artists will be studied and styles looked at. Students will work toward trying new techniques and practicing with previously learned methods.

Ages 5 - 11 **9 AM - 12 PM**
Monday - Thursday **Lionville Elementary**
07/29/2019 - 08/01/2019 **\$135 Res, \$155 Non-Res**

Photo Art Camp

This week creativity will flow as we learn tips from professional photographers, complete photo challenges, take photographic walkabouts, and combine photos with other artistic mediums to create gifts and decor. Our week will culminate with a community art show and reception.

We encourage all participants to bring a camera if possible.

Registrations are taken through multiple agencies. No minimum number of participants required.

Full Day, Half Day, and Extended Day available.

Ages 5 - 16	Ages 5 - 16
Weekdays	Weekdays
08/12/2019 - 08/16/2019	08/12/2019 - 08/16/2019
9 AM - 12 PM	9 AM - 3 PM
Beth Chaim Reform	Beth Chaim Reform
Congregation Building	Congregation Building
\$190 Res, \$210 Non-Res	\$260 Res, \$280 Non-Res



YOUTH ART, MUSIC, AND THEATRE CAMPS

Acting for the Camera by Wickline Casting

This camp is for the aspiring young “actors” in your household. It is here they will learn real auditioning skills by working with scripts for commercials and film readings. Your child will learn how to personalize characters and follow direction, block for camera and read with their ‘co-stars’. Voice over will also be introduced. Improvisation and ad-libbing (of-script) will be taught as a basis of making acting choices and trusting their instincts.

Included in the camp is take-home tutorial showing you ways to find acting jobs as well as a list of legitimate talent agencies. This camp is designed by casting director, Kathy Wickline, CSA (www.wicklinecasting.com) who holds over 10,000 casting credits in film, commercials and TV.

Ages 8 - 15
Weekdays
08/05/2019 - 08/09/2019
9 AM - 3 PM
Downingtown Municipal Building Annex
\$325 Res, \$345 Non-Res

Intro to Film & TV - Acting & Behind the Scenes By Wickline Castings

This is Wickline Casting’s original course that started 18 years ago. Your children will work as cast and crew teams in this cool camp. Kids learn basic levels of acting, directing and operating the camera. Script writing, storyboarding and improvisation will also be introduced.

They will work on lots of projects such as commercials, film scenes, music videos and public service announcements. Each day is different as they create their very own original projects. They will truly learn the basics of the biz. Kathy Wickline, CSA (www.wicklinecasting.com) is a top casting director of TV and Film right here in the Philadelphia area and has selected real life projects for kids to enjoy while being introduced to this industry.

Notes:

All footage is sent to a professional editor and parents have the option to order a USB after camp, as a keepsake.

Ages 8 - 15
Weekdays
07/22/2019 - 07/26/2019
9 AM - 3 PM
East Brandywine Twp. Building Meeting Room
\$325 Res, \$345 Non-Res

Schmata Productions - Magic & More

Love the magical world of Harry Potter? Think Dragons, Fairies, Gypsies, and Elves are cool? Then join Schmata Productions, an award winning, non-profit, community youth theatre as we make magic, create fantastic art, compete for prizes, do magic and travel to the PA Renaissance Faire. Our week will end with Magical renaissance fun for family, friends, and the community!

Weekdays 07/29/2019 - 08/02/2019 9 AM - 3 PM Beth Chaim Reform Congregation Building \$260 Res, \$280 Non-Res	Weekdays 07/29/2019 - 08/02/2019 9 AM - 12 PM Beth Chaim Reform Congregation Building \$190 Res, \$210 Non-Res
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Schmata Productions - Theater Experience

Join us as we prepare a fun show for families, friends, and the community. We will play drama games, do show themed activities, rehearse, as well as create props, sets, and costumes as we teach the world to sing. Travel around the world with us as we prepare an international revue complete with music, dance, art, foods, & more for family, friends, & the community. No experience needed!


Weekdays 08/05/2019 - 08/09/2019 9 AM - 12 PM Beth Chaim Reform Congregation Building \$260 Res, \$280 Non-Res	Weekdays 08/05/2019 - 08/09/2019 9 AM - 3 PM Beth Chaim Reform Congregation Building \$260 Res, \$280 Non-Res
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Schmata Productions Presents...

PERFORMANCE DATES AND LOCATION

Saturday, June 1
2 pm and 7 pm

Sunday, June 2,
2 pm



West Chester University MainStage Theatre
2 East Rosedale Ave
West Chester, PA 19383

schmataproductions.org

Computer Explorers - Create Your Own 3D Video Games, Animations and Stories

The children will have fun and success using a graphics-based children's programming language to create their own video games and animated stories. They will choose characters, vehicles, objects, backgrounds and sounds and they will direct what action takes place. Will a character walk down the beach, jump in the water and go surfing? Will the crowd cheer, a dog bark and a jet engine roar?



Ages 8 - 11
Monday - Thursday
06/24/2019 - 06/27/2019
9:15 - 11:45 AM

Shamona Creek Elementary
\$173 Res, \$193 Non-Res

Computer Explorers - Fun with STEM From A to Z

What will spark your child's interests the most.? This camp is the perfect way to find out. In one week, the children will do engaging, hands-on projects in the following areas of STEM:

- Building and Directing the Actions of Robots
- Programming
- 3D Printing
- Creating Electronic Projects
- Designing Video Games

Ages 8 - 11
Monday - Thursday
07/15/2019 - 07/18/2019
9:15 - 11:45 AM

Lionville Elementary
\$173 Res, \$193 Non-Res

Computer Explorers - Real Programming: Fun with Python!

You will get a head start in learning how to program using Python. Google, NASA, YouTube and many other companies use Python. You will create graphics, program your own guessing game and program a story generator. If you are ready for a new challenge, sign up and become a Pythoneer!

Ages 10 - 13
Monday - Thursday
08/12/2019 - 08/15/2019
9:15 - 11:45 AM

Downingtown Municipal Building Annex
\$173 Res, \$193 Non-Res

Engineering For Kids - Jr. LEGO Robotics : Simple Machines United

We use simple machines everyday, but many times without even recognizing them. In Junior Robotics: Simple Machines United, students will explore the basic concepts of simple machines and how we use them to achieve even our most grandiose goals! Students will use LEGO® WeDo™ construction and resource kits to produce new and exciting builds that will be used to create Kelvin's Amusement Park

Ages 4 - 7
Weekdays
08/05/2019 - 08/09/2019
9 AM - 12 PM

East Brandywine Twp. Building Meeting Room
\$199 Res, \$224 Non-Res

Engineering For Kids - Apprentice Engineering of Power and Energy

Power and energy are what everything requires to move, turn on, light up, and make noise. In The Engineering of Power and Energy camp, students will break up into engineering teams and help each other to create unique ways to harness, manipulate, and use energy efficiently. Each day, students will have the chance to add a power-up light to their power and energy meter by completing that day's camp challenge.

Ages 8 - 12
Weekdays
07/22/2019 - 07/26/2019
12:30 - 3:30 PM

Downingtown Municipal Building Annex
\$199 Res, \$224 Non-Res

Engineering For Kids - Apprentice LEGO Robotics : Ocean Missions

This LEGO® Robotics: Ocean Missions curriculum is designed to introduce students to the world of robotics in an interesting and engaging way. The goal is to teach students about the building and programming aspects of robotics as it relates to real-world issues in ocean exploration.

Ages 8 - 12
Weekdays
08/05/2019 - 08/09/2019
12:30 - 3:30 PM

East Brandywine Twp. Building Meeting Room
\$199 Res, \$219 Non-Res



Engineering For Kids - Jr. Engineering of Power and Energy

In the Power and Energy camp, join us as we look at ways to get things moving...no batteries required. In this camp, students explore the foundational concepts of potential and kinetic energy by building their very own toys. Additionally, students will explore natural power and energy sources such as falling water and the sun. Get ready for a shock in this energetic and engaging engineering experience!

Weekdays
07/22/2019 - 07/26/2019
9 AM - 12 PM

Downingtown Municipal Building Annex
\$199 Res, \$219 Non-Res

Mad Science - My First Lab

This camp is a great introduction to science for your PreK-aged child. Young campers explore the states of matter, uncover the secrets that makes chemical reactions with household acids and bases, build molecules, create their very own silly putty, and finally, take an exciting mission to explore the planets, moons and stars! Every day our budding junior Mad Scientists will make and take home a special age appropriate science project.



Ages 4 - 6
Monday - Thursday
07/08/2019 - 07/11/2019

9 AM - 12 PM
Lionville Elementary
\$199 Res, \$219 Non-Res

Mad Science - Spy Academy

From decoding messages to metal detectors and night vision, campers will have the opportunity to check out spy tech equipment and take home lots of gadgets like spy glasses! Campers then step into the shoes of a detective during a hands-on look at a "crime scene" as they learn how forensic science is involved in evidence gathering and analysis. After the end of each day, our Junior Super Sleuths receive a special take-home designed by Q himself...

Ages 7 - 12
Monday - Thursday
06/24/2019 - 06/27/2019
9 AM - 12 PM

Bradford Heights Elementary
\$199 Res, \$219 Non-Res

Science Explorers - Jr. Investigative Team

Is it science or magic? You'll find out! In our half day camp you'll create erupting foam monsters, conduct amazing air pressure experiments, dig for hidden treasures, investigate the science of illusions and build spectrometers to view the spectrum of different types of light. Stay for the full day and we'll reveal many mysteries of science as we investigate creepy creatures, learn troll tricks, capture a rainbow in a bottle, make instant snow, mix up glowing slime and conduct lab tests on mystery substances.

Ages 4 - 6
Monday - Thursday
07/22/2019 - 07/25/2019
9 AM - 12 PM

Shamona Creek Elementary
\$195 Res, \$220 Non-Res

Science Explorers - Potions, Powders and Polymers

Is it science or magic? You'll find out! In our half day camp you'll create erupting foam monsters, conduct amazing air pressure experiments, dig for hidden treasures, investigate the science of illusions and build spectrometers to view the spectrum of different types of light. We'll reveal many mysteries of science as we investigate creepy creatures, learn troll tricks, capture a rainbow in a bottle, make instant snow, mix up glowing slime and conduct lab tests on mystery substances.

Ages 7 - 11
Monday - Thursday
08/05/2019 - 08/08/2019
9 AM - 12 PM

Bradford Heights Elementary
\$195 Res, \$220 Non-Res

Science Explorers - Slime of my Life

We've taken our after-school club programs from 2018-19 and turned them into a fun-filled, week-long camp that features a new slime every day, in addition to exploring an array of amazing science! In the half day morning camp we will make chalkboard slime and all new color changing slime and magnetic slime! In addition, we'll build inventions like catapults, discover how electricity and circuits work by making conductive dough, and explore biology as we extract DNA from a banana and dissect an owl pellet.

Ages 7 - 11
Monday - Thursday
07/22/2019 - 07/25/2019
9 AM - 12 PM

Shamona Creek Elementary
\$195 Res, \$220 Non-Res



The Prom on Broadway

See **The Prom**, the next hit from Broadway's Musical Comedy Dream Team – the geniuses behind *The Book of Mormon*, *Aladdin*, *The Drowsy Chaperone*, *Elf*, *Mean Girls*...must we go on?

What happens when four stars leave the bright lights of Broadway and take leading roles in a small-town controversy making national headlines? Big drama. Bigger laughs. And the biggest musical showstoppers in years! You'll agree with *Variety*, *The Prom* is "musical comedy heaven!"

Saturday
04/20/2019
8:30 AM - 8:30 PM
Ashbridge Manor Rear Parking Lot
\$150 Res, \$150 Non-Res



King Kong on Broadway

King Kong, the world's most epic modern myth comes alive on Broadway through an innovative mix of robotics, puppetry, music and stagecraft.

King Kong follows the ambitious young actress Ann Darrow and maverick filmmaker Carl Denham as they voyage from the bustling streets of 1930s New York to an uncharted island to capture the world's greatest wonder. At the center of this 21st-century theatrical reimagining: a 2,000-pound, 20-foot high gorilla and the woman who risks everything to help him.

Saturday
06/29/2019
8:30 AM - 8:30 PM
Ashbridge Manor Rear Parking Lot
\$155 Res, \$155 Non-Res



Tootsie on Broadway

Tootsie is the new comedy musical coming to Broadway.

Tootsie tells the story of a talented but difficult actor who struggles to find work until an audacious, desperate stunt lands him the role of a lifetime.

Tootsie features an original score by Tony Award-winner David Yazbek (*The Band's Visit*, *The Full Monty*, *Dirty Rotten Scoundrels*), a book by Robert Horn (*13*; *Dame Edna*, *Back with a Vengeance*), choreography by Tony Award nominee Denis Jones (*Holiday Inn*, *Honeymoon in Vegas*), and musical direction by Andrea Grody (*The Band's Visit*). *Tootsie* is directed by eight-time Tony Award nominee and Olivier Award winner Scott Ellis (*She Loves Me*, *On the Twentieth Century*).

Notes

Departs 8:30 AM from the parking lot behind Ashbridge Manor, Rt. 30 Downingtown (971 East Lancaster Ave.)

Saturday
04/20/2019
8:30 AM - 8:30 PM
Ashbridge Manor Rear Parking Lot
\$175 Res, \$175 Non-Res





TRIPS AND TOURS

Washington DC - On Your Own

Skip the parking fees and tolls and have us drive you to the Nation's Capital. Spend 8 hours in the city and go sightseeing, visit all of the free Smithsonian museums, or see the monuments. The day is yours to enjoy. We will drop you off near the National Mall.

Some of our On Your Own Trips coincide with specific events in the city like festivals, parades, and shows. This gives you the opportunity to attend a unique event or just do whatever strikes your fancy.



The bus will pick you up near the National Mall or Tidal Basin around 5 PM. No stops on the way home.

4/6/19 Trip - Cherry Blossom Festival

Trip Information

Departs from the parking lot of the West Whiteland Township Building. (101 Commerce Dr, Exton, PA 19341)

Return: Approx. 8PM

Travel to and from Washington takes between 2:15 and 2:45 hours depending on traffic.

The Cherry Blossoms bloom in D.C. over a typical 3 week period in March/April depending on the weather. This trip is within the time period of the typical bloom period, but we cannot guarantee Mother Nature's cooperation!

Saturday

04/06/2019

8 AM - 8 PM

West Whiteland Township Building Parking Lot

\$55 Res, \$55 Non-Res

Baltimore - On Your Own

Skip the parking fees and tolls and have us drive you to Baltimore MD. Spend the day in the city and go sightseeing, visit the inner harbor, Maryland Zoo or National Aquarium. The day is yours to enjoy. We will drop you off near the inner harbor.

Some of our On Your Own Trips coincide with specific events in the city like festivals, parades, and shows. This gives you the opportunity to attend a unique event or just do whatever strikes your fancy.

Our 7/13/19 Trip coincides with the Baltimore run of the travelling production of the Hamilton musical. Group tickets are not available for this show, but individual tickets can be purchased on your own. The production is scheduled for the Hippodrome Theatre at the France-Merrick Performing Arts Center.

DARC has discounted tickets available for purchase for the Baltimore Aquarium and Baltimore Zoo.

Saturday

07/13/2019

8:30 AM - 7:30 PM

Ashbridge Manor Rear Parking Lot

\$65 Res, \$65 Non-Res



New York City - On Your Own

Skip the parking fees and tolls and have us drive you to NYC. Spend 8 hours in the city and go shopping, sightseeing, visit Central Park, visit museums, or take a carriage ride. The day is yours to enjoy in the fabulous Big Apple. We will drop you off near Radio City Music Hall.

Some of our On Your Own Trips coincide with specific events in the city like festivals, parades, and shows. This gives you the opportunity to attend a unique event or just do whatever strikes your fancy.

The bus will pick you up near Radio City between 5:50 PM and 6PM depending on the trip schedule. No stops on the way home.

Regular trips - these trips are DARC run on a bus specifically for an OYO trip. They depart at either 8 or 8:30 am and go directly to NYC without any stops.

Shared trips are trips in which some bus passengers will be going to see Broadway Shows.

Trip Information

Leaving from the parking lot behind Ashbridge Manor, Rt. 30 Downingtown (971 East Lancaster Ave.) - see particular trip for details.

Leaves NYC at either 5 PM or 6 PM - see particular trip for details.

Travel to and from NYC takes between 2:15 and 2:45 hours depending on traffic.

NYC drop off & pick up in the heart of the Theater District at 51st Street between 7th & 8th Avenues.

Saturday
04/20/2019
8:30 AM - 8 PM
Ashbridge Manor Rear
Parking Lot
\$55 Res, \$55 Non-Res

Saturday
06/29/2019
8:30 AM - 8 PM
Ashbridge Manor Rear
Parking Lot
\$55 Res, \$55 Non-Res



9/11 Memorial Museum Trip

Arrive at the Freedom Tower and visit the 9/11 Museum (tickets included), which was built on the foundation of the two towers that fell on Sept. 11, 2001. One of the two main exhibits, the "In Memoriam" exhibit honors those killed on 9/11 and during the bombing of the World Trade Center on Feb. 26, 1993. The historical exhibit examines what led up to the attacks, the aftermath and its after affects around the world. The Museum displays artefact's, photos, audio, visual footage, first person testimonials and memorabilia.

We will make a dinner stop (on your own) at either a Wegman's or Whole Foods Market Cafe en route home.

TRIP BOOKS QUICKLY!! RESERVE YOUR SEATS SOON!

Trip Information

Depart: 8:30AM from the parking lot of the West Whiteland Township Building

Return: Approx. 7:45PM

This trip will require a minimum of 35 participants in order to run. Your full registration fee will be refunded if the trip minimum is not met.

9/11 Memorial Museum

Saturday

09/07/2019

8:30 AM - 7:45 PM

West Whiteland Township Building Parking Lot

\$140 Res, \$140 Non-Res





HEALTH AND FITNESS

Body Sculpting with Weights & Bands with Julie Seville, Lifetime Fitness

This effective combination of exercises using hand-held weights, Dynabands and classic floorwork routines will rev up your metabolism, build energy, strengthen your bones and reduce the risk of disease. You'll improve muscle tone and strength, burn fat, and increase flexibility.

Equipment Needed -

Bring a mat, towel, water and hand-held weights (3 to 5 pounds). Dynabands (\$5) must be purchased the first night, or bring your own.

Late Spring Tuesdays 05/07/2019 - 06/11/2019 6 - 7 PM St. Paul's Lutheran Church \$60 Res, \$80 Non-Res	Early Summer Tuesdays 06/18/2019 - 08/27/2019 6:30 - 7:30 PM St. Paul's Lutheran Church \$95 Res, \$115 Non-Res
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Lower Body Strengthen & Tone with Julie Seville, Lifetime Fitness

Learn the most effective exercises to tone your midsection, flatten your abs, trim your thighs and firm your fanny! You don't need a gym, expensive equipment, or infomercial gadgets to get the results you want.

Combine this class with the Upper Body Workout and get a complete head to toe workout.

Thursdays
04/25/2019 - 06/13/2019
6:15 - 7:05 PM
B & J Excavating
\$75 Res, \$95 Non-Res



Sculpt & Tone with Julie Seville, Lifetime Fitness

This total body workout will rev up your metabolism, build energy, strengthen your bones, reduce the risk of disease, and help you to look and feel younger!

You'll improve muscle tone and strength, burn fat, and increase flexibility with this effective combination of exercises using hand held weights, dynabands, and classic floor work routines.



Equipment needed -

Bring a mat, towel, water and hand-held weights (3 to 5 pounds). Dynabands (\$5) must be purchased the first night, or bring your own.

Late Spring
Tuesdays
05/07/2019 - 06/11/2019
7:30 - 8:30 PM
Glenmoore Fire Hall
\$60 Res, \$80 Non-Res

Super Summer Shape Up with Julie Seville, Lifetime Fitness

This Energizing, head-to-toe workout combines low impact aerobics, sculpting exercises using weights and bands, toning floor work and stretches. Burn calories, build muscle and improve cardiovascular fitness.

Wear workout clothes and supportive sneakers; bring mat, water, towel and hand-held weights, 3 to 6 lbs. Bring your own Dynaband or purchase at class (\$5.)

Thursdays
06/20/2019 - 08/29/2019
6:30 - 7:30 PM
B & J Excavating
\$95 Res, \$115 Non-Res

Upper Body Strengthen & Tone with Julie Seville, Lifetime Fitness

This class focuses on firming your arms and flattening your stomach. Hand held weights (3 to 5 pounds) and dynabands will be used to tone arms, chest, shoulders, and back, while a floor work segment will include a wide variety of exercises to strengthen the core muscles of the back and abdomen, resulting in a better posture and a trim and toned waistline.

Combine this class with the Lower Body Workout and get a complete head to toe workout!

Thursdays

04/25/2019 - 06/13/2019

7:10 - 8 PM

B & J Excavating

\$75 Res, \$95 Non-Res

Aqua Aerobics with Julie Seville, Lifetime Fitness

Experience a whole new way to exercise! This total body workout makes creative use of water's natural buoyancy and resistance to give you maximum results with minimum risk of injury. Each class consists of a water walking warm-up, aerobics, and conditioning exercises including aqua abdominals. All exercises are specially designed to trim and tone the body, improve aerobic endurance and increase flexibility.

General Information -

Purchase water flotation/weight bars (\$30 pair) from the instructor on the first night of class.

Wear aqua shoes or old (clean) sneakers.

In the case of inclement weather (thunderstorms, snow, etc.) class may be cancelled.

Mondays - Late Spring

Mondays

04/29/2019 - 06/24/2019

6:30 - 7:30 PM

St. Mary's of Providence

\$75 Res, \$85 Non-Res

Mondays - Late Summer

Mondays

07/01/2019 - 08/19/2019

6:30 - 7:30 PM

St. Mary's of Providence

\$75 Res, \$85 Non-Res

Active Aging Fitness!! with Maureen Collins

Train and slow the aging process by focusing on mental health, cardiovascular conditioning, strength training, flexibility, fall prevention and balance and have FUN participating.



Mondays

04/01/2019 - 05/13/2019

5 - 6 PM

West Bradford Elementary

\$50 Res, \$70 Non-Res

Pilates Fusion with Maureen Collins

Core conditioning focusing primarily on strengthening the back and abdominal muscles (think 6 pack!). Great for stress relief and relaxation.

Mondays

04/01/2019 - 05/13/2019

6:10 - 7 PM

West Bradford Elementary

\$50 Res, \$65 Non-Res

Core, Cardio & Power- Personal Training in a group setting. Joanne Randall

Core & Back Strength - This class is based on "Functional Fitness": integrating muscle groups to move together and perform exercise tasks resulting in increased cardio endurance, weight loss and improved strength. Individual coaching in a group setting with attention to healthy back exercises, safe progressions and stability of all joints.

Cardio improves your heart health, endurance and stamina with intervals and total body movements. All levels welcome.

Power- Move through appropriate progressions.

Learn how to add more reps, more sets, more resistance and speed increase your power.

Thursdays

04/18/2019 - 05/23/2019

6 - 6:55 PM

Ashbridge Manor Studio E

\$75 Res, \$95 Non-Res

Thursdays

06/06/2019 - 06/27/2019

07/11/2019 - 08/1/2019

6 - 6:55 PM

Ashbridge Manor Studio E

\$50 Res, \$70 Non-Res



HEALTH AND FITNESS

Beginner Kettlebells @ Ashbridge Manor Studio E - Lester Jiles

First time to Kettlebells? Start with this class to build a safe and awesome foundation for your fitness with Kettlebells. Strengthen muscles, improve your endurance and energy, and tone your body.



Spring 2 Saturdays 04/20/2019 - 05/25/2019 10:30 - 11:25 AM Ashbridge Manor Studio E \$75 Res, \$95 Non-Res	Summer 1 Tuesdays 06/04/2019 - 06/25/2019 7:30 - 8:25 PM Ashbridge Manor Studio E \$50 Res, \$70 Non-Res
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Spring 2 Tuesdays 04/16/2019 - 05/21/2019 7:30 - 8:25 PM Ashbridge Manor Studio E \$75 Res, \$95 Non-Res	Summer 2 Saturdays 07/13/2019 - 08/03/2019 10:30 - 11:25 AM Ashbridge Manor Studio E \$50 Res, \$70 Non-Res
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Summer 1 Saturdays 06/08/2019 - 06/29/2019 10:30 - 11:25 AM Ashbridge Manor Studio E \$50 Res, \$70 Non-Res	Summer 2 Tuesdays 07/09/2019 - 07/30/2019 7:30 - 8:25 PM Ashbridge Manor Studio E \$50 Res, \$70 Non-Res
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Barre Class at The Sanctuary

Barre fitness focuses on small movements designed to target and strengthen all the muscles of the body. A ballet bar is used as a prop for many of the exercises. No ballet experience necessary.

Fridays
03/29/2019 - 05/17/2019
9 - 10 AM
The Sanctuary Wellness Institute
\$180 Res, \$200 Non-Res



Adult Small Group Personal Training

We will warm-up each class with some dancing to get our muscles ready to work. We have some fun music that will surely disguise the exercise!

Groups will focus on Upper body strengthening, Core, Balance, Postural muscles, Lower body strengthening, and Flexibility training.

Cindy has been an Occupational Therapist for the last 18 years working with clients from ages 16-100+. Leslie is a Certified Personal Trainer and has been working in the fitness industry as a group instructor as well as personal trainer for 25+ years.

Their focus is to keep the exercises safe, fun, functional, and set realistic expectations with their clients to achieve their goals.

Wednesdays 03/27/2019 - 05/08/2019 11 - 11:45 AM Lionville School of Dance \$165 Res, \$185 Non-Res	Fridays 04/05/2019 - 05/24/2019 11 - 11:45 AM Lionville School of Dance \$165 Res, \$185 Non-Res
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Wednesdays 05/22/2019 - 06/19/2019 11 - 11:45 AM Lionville School of Dance \$125 Res, \$140 Non-Res	Fridays 06/07/2019 - 06/28/2019 11 - 11:45 AM Lionville School of Dance \$125 Res, \$140 Non-Res
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Senior Adult Personal Training

With a focus on the needs of Senior citizens each session starts with a dancing type of warm up. Then groups go through a series of instructor led training exercises that are different from week to week to focus on upper body, lower body and core strengthening to help enhance balance, posture and coordination. You leave each week with a written exercise plan.

Cindy has been an Occupational Therapist for the last 18 years working with clients from ages 16-100+. Leslie is a Certified Personal Trainer and has been working in the fitness industry as a group instructor as well as personal trainer for 25+ years.

Mondays
05/06/2019 - 06/10/2019
11 - 11:45 AM
Lionville School of Dance
\$125 Res, \$145 Non-Res

Zumba @ Lionville School of Dance

Grooving to the beats of salsa, flamenco, and meringue music feels more like a dance party than a workout, which is exactly what makes Zumba so popular. The Latin-inspired dance workout is one of the most popular group exercise classes in the world. The high energy classes are set to upbeat music and feature choreographed dance numbers that you might see in a nightclub.

You don't need to be a great dancer to feel welcome in a Zumba class. With the tag line, 'Ditch the Workout, Join the Party,' the classes emphasize moving to the music and having a good time, no rhythm required. Effective and fun class that will help you burn between 500-1000 calories per class. Join us and experience the fun. You'll get a great cardio workout that melts fat, strengthens your core, and improves flexibility. Come join the party!

M,W,F
04/01/2019 - 12/30/2019
Lionville School of Dance
\$115 Res, \$135 Non-Res

Beginner TRX Suspension Training

The program is a functional training tool with moves designed to deliver fast, effective workouts building strength, power, endurance, and mobility. Tailored to your fitness level, the TRX tightens your core, builds muscle, and torches calories. This amazing tool will enable you to achieve peak performance, reach your goals, and get the results you want!



Mondays	Mondays	Mondays
04/15/2019 -	06/03/2019 -	07/08/2019 -
05/20/2019	06/24/2019	08/12/2019
7:15 - 8:10 PM	7:15 - 8:10 PM	7:15 - 8:10 PM
Ashbridge	Ashbridge	Ashbridge
Manor Studio E	Manor Studio E	Manor Studio E
\$75 Res, \$95	\$50 Res, \$70	\$50 Res, \$70
Non-Res	Non-Res	Non-Res



SAVE THESE DATES!

West Pikeland Township Park & Recreation

Yoga in the Park

Every Saturday in June - 9-10am

westpikeland.com



MUSIC & ARTS INSTRUCTION

Guitar/Bass/Mandolin/Cello Instruction by Rich Mckenzie

Have you ever wanted to learn how to play music? Now is your chance. You can enjoy private lessons on a variety of instruments. Whether your interest is Guitar, Bass, Mandolin, or Cello* (levels one and two only) Rich McKenzie, professional player/instructor will teach you the basics and more. Folk, Country, Rock, Blues, and Irish styles covered by request.



Time slots will be assigned on a first come, first served basis. Contact the DARC office if you have an interest in duo lessons. Participants must provide your own instruments. Please note your instrument and your preferred time slot during registration.

Lesson Information

Saturday lessons - 30 minute time slots beginning at 10:30am & ending at 2pm

Wednesday lessons 30 minute time slots beginning at 5:30pm & ending at 8pm

Note: There will be no classes rescheduled or prorating of cost due to participant's cancellation of lesson.

Saturdays

04/13/2019 - 06/01/2019

East Caln Twp. Building Meeting Room

\$90 Res, \$110 Non-Res

Wednesdays

04/17/2019 - 05/22/2019

4 PM - 8:30 PM

Downingtown Municipal Building Annex

\$90 Res, \$110 Non-Res



Advertise Here!

Reach over 41,000 Homes and 69,000 people through the DARC catalog and website. Call 610-269-9260 or e-mail downingtwnrec@gmail.com for more information. Rates begin as low as \$250 per edition.



Basic Vehicle Maintenance

The average cost of a new vehicle was \$35,285 in 2018. Taking proper care of a vehicle will greatly enhance its lifespan, and may prevent costly repairs and breakdowns. This is a course for all drivers who want to know basic maintenance information about their cars. The course consists of classroom discussion and live vehicle demonstrations on the following subjects:

- Inspecting your tires and set the proper air pressure
- Changing a flat tire
- What to know about replacement tires
- Checking and topping off your cars fluids, oil, coolant, brake fluid, and wiper fluid
- Replacing wiper blades
- Safely jump starting your car
- Choosing the correct fuel for your car

The instructor teaching this course is ASE master-certified with over 30 years of experience in the industry, working with Ford, Audi, BMW and Mercedes Benz.

Whether you are a new driver or started with a Model T, these are basic skills that can save you money, help maintain your vehicle and could help you in an emergency.

Tuesdays

04/16/2019 - 04/23/2019

05/07/2019 - 05/14/2019

6 - 9 PM

Universal Technical Institute

\$90 Res, \$110 Non-Res



Into the Red Zone: Optimizing Social Security, Medicare and other Near-Retirement Decisions

If you are planning to retire with the next 10 years, then welcome to your retirement “red zone”. This is when precision planning and execution will be critical for your financial success. In this one-evening workshop, experienced practitioners will share key insights on Social Security income optimization strategies, Medicare enrollment and coverage planning, retirement plan distribution strategies, investment portfolio income generation strategies and more! Participants will also receive a do-it-yourself workbook and other materials complete with personal calculation worksheets to help plan your retirement red zone actions.



Tuesday
04/16/2019
07/16/2019
6 - 9 PM

Downingtown Municipal
Building Annex
\$20 Res, \$30 Non-Res

www.runtheday.com

PROCEEDS BENEFIT
EAST BRADFORD TOWNSHIP
PUBLIC TRAILS

LOCATION
PARADISE FARM CAMPS
1300 VALLEY CREEK RD
DOWNTOWNTOWN, PA 19335

RACE STARTS AT 6:30 PM

TRAILBLAZER
Thursday June 13, 2019 **RUN**

5 Mile Trail Run & 1.5 Mile Family Fun Hike



PERSONAL DEVELOPMENT

Medicare 101 Workshops

If you will be joining the ranks of Medicare soon, are already in the Medicare system and have questions, or you just want to understand what this Federal program is all about, this session is for you. Members of the APPRISE program, Pennsylvania's volunteer statewide program of insurance consultation, will present an overview of Medicare including the definitions of Medicare A, B, C; explanation of the drug benefit (Part D), types of health care insurance available in Chester County, benefits available for low income beneficiaries, and things to consider when selecting your medical coverage. A question session will follow the presentations. **MUST PRE-REGISTER!**

Tuesday

05/07/2019

07/11/2019

6:30 - 8:30 PM

Downingtown Municipal Building Annex

\$10 Res, \$10 Non-Res

Will Preparation Workshop by Beth Forman-Rondinelli, Esq.

Do you have a will? Despite the overwhelming need for this vital legal document, most individuals delay in having their Last Will prepared.



This course will provide you with the elements and information you need to know when having a Will drafted by an Attorney. You will learn why every person needs a Will, what turmoil could occur if you die without having a Will, and why attempting to create your own Will online is a very bad idea.

Each participant will leave the session with peace of mind knowing that he/she will receive (within two weeks of the session) his/her own professionally drafted Will by a local, experienced attorney.

Wednesday

05/22/2019

08/20/2019

7 - 8:30 PM

East Caln Twp. Building Meeting Room

\$95 Res, \$115 Non-Res

Women's Self Defense Class - Anne Kirk, PT, DPT, SFMA

This 6 hour course is a **MUST** for all Teen and Adult women and is designed for women of all ages and fitness levels!

Kirk's Premier Martial Arts and Krav Maga Self-Defense Systems for Women is a comprehensive course exclusively for women that teaches realistic self-defense tactics and techniques. The curriculum begins with awareness, prevention, risk reduction and avoidance, and progresses to the basics of hands-on defense training with Krav Maga.



Though it is not a Martial Arts program, the curriculum is dedicated to teaching women concepts and techniques to defend against various types of assaults, by utilizing proven self-defense and martial arts tactics. Our system of realistic defense provides women with knowledge to make an educated decision about resistance.

Tuesdays

04/16/2019 - 05/21/2019

06/11/2019 - 07/23/2019

6 - 7 PM

Ashbridge Manor Studio E

\$99 Res, \$119 Non-Res

Promoting Your Child's Academic Success- Preschool through College

In this entertaining, informative talk, a former classroom teacher and author and a former university professor and engineer give parents suggestions as to how to keep their children at the top of their class. Presenters Dr Nick and Karen Truncellito, both now in private education practice many years, share their methods and answer questions on helping children with behavioral problems, dyslexia and other reading issues, math anxiety, grammar, writing, and study skills.

Wednesday

05/29/2019

7:30 - 9 PM

East Brandywine Twp. Building

\$10 Res, \$10 Non-Res



Adult/Infant/Child CPR & First Aid

By investing four hours to attend this course, you may be able to save an adult's, or child's, or infant's life. The American Safety & Health Institute instructor will train and certify individuals in the techniques needed for adult, infant and child CPR, choking and rescue breathing.

A student handbook is provided as a guide for CPR and methods to aid a choking person. First Aid is the immediate care given to the injured or suddenly ill person. This is a basic course that will concentrate on the first five minutes of care. Properly applied first aid can save lives, reduce recovery time, and quite possibly be the difference between temporary disability or lifelong disability for the victim.

An American Safety & Health Institute student handbook is provided as a guide for this basic first aid course. This course does meet OSHA and the Dept. of Transportation guidelines and you will receive certification cards upon successful completion.

Thursday

05/16/2019

06/06/2019

07/18/2019

08/15/2019

5:45 - 10 PM

Downingtown Municipal Building Annex

\$75 Res, \$95 Non-Res



Babysitting Safety Workshops

This American Safety & Health Institute program is developed for the purpose of teaching safe and healthy techniques to teenage children in childcare and babysitting settings. The number one priority of this program is to keep you and the children you care for safe. Childcare/ babysitting is not just "watching" the children, but being 100% responsible for their safety and well-being. Take this course and be more confident when you accept your first babysitting job. This course includes CPR (cardiopulmonary resuscitation) and choking for the responsive and unresponsive infant and child. You will receive a course handbook and a separate certification card upon successful completion of this class. The CPR card is good for a period of two years.

Please bring an infant size doll & and a bagged lunch to class with you.

Ages 11 - 15

Saturday

04/06/2019

06/01/2019

08/03/2019

9 AM - 2 PM

Downingtown Municipal Building Annex

\$85 Res, \$100 Non-Res

Professional CPR (for Healthcare Providers)

This advanced CPR class is intended to certify healthcare professionals (i.e. nurses, doctors, firefighters, police, dental personnel, etc.). Adult CPR, Pediatric CPR, & AED instruction are all included. Course includes how to care for a choking or non-breathing patient.

This program does meet OSHA and the Dept. of Transportation guidelines and you will receive a certification card upon successful completion.

Enrollment

If this class does not run due to low enrollment, the instructor can make special arrangements for those professionals who need to have their certifications renewed in a timely manner.

Ages 16 and up

Saturday

04/20/2019

05/18/2019

06/15/2019

07/20/2019

08/17/2019

9 AM - 1 PM

Downingtown Municipal Building Annex

\$75 Res, \$95 Non-Res



ADULT AQUATICS

Adult Swim Lessons

Designed to meet individual swim ability levels in a group setting. This includes participants with fear of water to those interested in improving their stroke techniques. The boot camp approach will generate the positive attitude needed for your success. Ditch the 'Fear' - Learning to swim is learning the science of water and the skills to safely enjoy aquatic environments. Trust our instructors to swim you to success!

Aqua Aerobics with Joanne Randell @ Aquatics Is

A total body AQUATIC fitness experience without joint stress. 45 minute class designed to challenge men and women to improve their cardiovascular endurance, muscle tone and strength, flexibility, core and trunk strength, agility, balance and speed. Embrace the awesome power of water, have fun, and get fit.



Empowering...Water Walking with Joanne Randell @ Aquatics Is

Experience the POWER of the water to increase your cardiovascular health, stamina, muscle strength, posture, balance and flexibility.

This 45 minute class will JUMP START your METABOLISM FOR INCREASED ENERGY! Walking/running in the water benefits are the same as walking on land!!! Almost anyone can walk/run in the water. All skill and intensity levels encouraged to participate. Excellent class for clients looking to reduce stress on joints and spine.

Aqua "Kick It Up A Notch" Cross Training @ Aquatics Is

Enjoy in-water spinning on aquatic stainless steel bikes. Improve energy with great cardio and improve leg, trunk and arm strength. Classes are designed for all levels of intensity: triathlon cross training, sport specific training, burning calories and weight loss. A fantastic workout, for anyone regardless of how fit, flexible or coordinated.

Aqua Power Circuit @ Aquatics Is

This is a 55 minute Interval cardio/strength circuit combination class. Burn calories by doing high energy interval training on aqua steppers, treadmills, spinning bikes, and more. Total body strength challenges using weighted balls, hand weights, exercise bands, Aqua Bars, bands, AcquaPoles, Aqualogix, Hydrotone and more. Every muscle group challenged.

Arthritis Foundation Aquatic Programs @ Aquatics Is

The Arthritis Foundation Aquatic Program is one of the Arthritis Foundations' Life Improvement Series. The program is a recreational program designed for people of any age living with arthritis, rheumatic diseases, and other related musculoskeletal conditions.

It provides socialization, education, and independence incorporating a wellness concept for symptom management and quality of life as people with arthritis 'Take Control' to help them maintain independence, and enjoy life.

Aquapole Fitness and Kick Box Training

The AQUAPOLE® fitness training benefits women and men of all ages and levels and is lots of fun! A truly unique workout to reduce fat, strengthen trunk, arms and legs and improves flexibility, balance and coordination.

This class includes AQUAPOLES, boxing bags, steppers, and more for a total body challenge.

Aqua Spin and Tone

Enjoy in-water spinning on aquatic stainless steel bikes. Improve energy with great cardio and improve leg, trunk and arm strength. Classes are designed for all levels of intensity: triathlon cross training, sport specific training, burning calories and weight loss. A fantastic workout, for anyway regardless of how fit, flexible, or coordinated.

**Vist our registration website
downingtwnpa.myrec.com for full
list of dates and times.**

Adult Tennis Clinic

This class is for anyone 18 years and older with beginner to intermediate skills. The class will include instruction & review of the basic strokes of the game. Strategies learned will be applied to singles and doubles in match play. New and returning students are welcome! Please bring your own racquet and a water bottle. Must wear appropriate sneakers (no black soled sneakers, flip flops, or sandals). A class will be added on if any classes are cancelled due to inclement weather.



For more information you can contact the instructor. Becky Desmond (610-269-8037)

Mondays

04/22/2019 - 05/13/2019

6 - 7:30 PM

East Brandywine Community Park Tennis Courts
\$100 Res, \$120 Non-Res

Adult Tennis Leagues

DARC facilitates the scheduling of facilities for United States Tennis Association (USTA) and other leagues that our residents participate in.

We assist with adult tennis leagues in the spring / fall and a youth junior tennis league in the summer. Becky Desmond, USPTA, PTR Certified, coordinates the leagues. She can be reached at 610-241-4693 or bd315@aol.com with questions on the program. Please contact her before registering. DARC only accepts registrations from existing Team Captains and not individuals.

Saturdays

04/13/2019 - 06/29/2019

12 - 3 PM

Downingtown East High School Tennis Courts
\$250 Res, \$250 Non-Res

18 and up

Saturdays

04/13/2019 - 06/29/2019

12 - 3 PM

Downingtown West High School Tennis Courts
\$250 Res, \$250 Non-Res

Adult Rock Climbing Class

The basic climbing class is the perfect introduction to rock climbing. You will learn foundational safety skills such as harnessing, knot tying and belaying so that you make use the gym on your own.

All climbing equipment is provided. Please wear comfortable clothes.

Thursdays

03/28/2019 - 04/11/2019

05/02/2019 - 05/16/2019

7:30 - 9 PM

Downingtown Rock Gym

\$50 Res, \$70 Non-Res

DARC Adult Softball Leagues

DARC offers Adult Co-Ed & Men's Softball Leagues during the spring/summer and fall seasons. The spring/summer softball leagues generally run from late April until late June/early July. The fall softball leagues generally run from early September until late October/early



November. Each League is divided into Competitive and Recreational Divisions for competitive balance.

04/28/2019 - 06/16/2019

\$680 Res, \$680 Non-Res

Honeybrook Golf Club - Golf 101

Designed for players with zero or limited golf knowledge and experience. Each week we will cover the basics of the game of golf in a fun, relaxed atmosphere. With over 16,000 hours of instruction, PGA Professional Duane Lent will make your experience an enjoyable on our beautiful Practice Range!

Wednesdays

04/24/2019 - 05/22/2019

6 - 7 PM

Honeybrook Golf Club

\$120 Res, \$140 Non-Res



ADULT DANCE

Adult Ballet

Classical Ballet is known as a beautiful art form and is the foundation of all dance styles. With this class, students will learn a variety of ballet and lyrical dance techniques, floor combinations, and creative dance routines designed to increase flexibility and coordination, enhance rhythmic sensitivity, and heighten body awareness. Technique will be emphasized through floor combinations, barre and floor work, and jumps. There is no recital for this class.

Thursdays

04/25/2019 - 06/06/2019

7:30 - 8:30 PM

Power Play Ice Rink Eagle Dance Academy

\$100 Res, \$120 Non-Res

Adult Tap

Are you looking for a fun way to exercise? Put on those new tap shoes and release that dancing talent! It's a great way to get moving, regulate weight, generate energy, and literally tap your troubles away. Tap shoes required.



Mondays

03/25/2019 - 05/06/2019

10:15 - 11 AM

11 - 11:45 AM

Victoria J. Ireys School of Dance

\$104 Res, \$124 Non-Res

Intermediate Adult Tap

Tuesdays

03/26/2019 - 05/07/2019

8 - 8:45 PM

Victoria J. Ireys School of Dance

\$104 Res, \$124 Non-Res

Advanced Beginner Adult Tap

Mondays

03/25/2019 - 05/06/2019

9:30 - 10:15 AM

Victoria J. Ireys School of Dance

\$104 Res, \$124 Non-Res

Line Dancing for Fun & Fitness

Line Dancing is a popular activity at nightclubs and weddings, and it is an excellent way to stay in shape no matter what your age. This class will teach you a variety of popular line dances including party hits like the Electric Slide and Cupid Shuffle, Fireball, Blurred Lines, Tush Push as well as several soul and country line dances too.



Wednesdays

05/01/2019 - 05/29/2019

7 - 8 PM

Power Play Ice Rink Eagle Dance Academy

\$85 Res, \$105 Non-Res

Salsa/Mambo Dance Instruction Workshop

Have fun while getting instruction in basic/intermediate partnering and solo dance patterns. Learn turn combinations, footwork, timing and rhythm coordination. Add style to your dancing with Afro Latino body movement, body isolation and musicality. Take what you learn to the night clubs for social dancing, parties, or do the high impact drills at home for exercise and fun. Dance partner not required. Wear comfortable clothing. Leather sole shoes or dance shoes are recommended for all the turning, spinning, sliding, kicking, etc. that we do. Join the worldwide excitement of Latin dance. See you there!

Saturdays

06/15/2019 - 08/03/2019

2 - 3:30 PM

Power Play Ice Rink Eagle Dance Academy

\$110 Res, \$130 Non-Res



Daytime Yoga with Pearl

Yoga is the wonderful science of physical and mental well being that has withstood the test of time. You will learn exercises that tone the body and keep you flexible; breathing and meditation techniques that quiet the nervous system; and raise your energy level and dynamic positive thinking.



Mondays

03/18/2019 - 05/06/2019

10 - 11:30 AM

East Caln Twp. Building Meeting Room

\$70 Res, \$90 Non-Res

Thursdays

03/21/2019 - 05/09/2019

10 - 11:30 AM

East Caln Twp. Building Meeting Room

\$70 Res, \$90 Non-Res

Meditation 101

Learn to meditate in a complete and thorough course that answers all your questions and gets you past the inner obstacles that can arise. This course makes meditation accessible for you, and supports you in the process of getting your home practice going.



Most importantly, you gain an understanding of why you are doing what you are doing. Your three class meetings take you from the beginning stages to being an experienced meditator in just three weeks. You will know how to handle any difficulties you encounter in the process, so meditation becomes one of the reliable highlights of your day.

Sundays

06/16/2019 - 06/30/2019

7 - 9 PM

Downingtwn Yoga & Meditation Center

\$80 Res, \$95 Non-Res

Thursdays

04/11/2019 - 04/25/2019

7 - 9 PM

Downingtwn Yoga & Meditation Center

\$80 Res, \$95 Non-Res

Wednesdays

08/07/2019 - 08/21/2019

7- 9 PM

Downingtwn Yoga & Meditation Center

\$80 Res, \$95 Non-Res

Tai Chi; An Introduction to the Ancient Art of T'ai Chi Ch'uan

Tai Chi, an ancient exercise originating in China, is over 2,000 years old.

Its slow movements are designed to bring your body, mind & spirit into balance and harmony.

In doing so, it preserves your health, cures diseases (e.g. arthritis, joint pain, poor balance & coordination, lack of flexibility, etc.).



It also improves and prolongs your quality of life.

The balance and harmony Tai Chi brings to your mental & physical state can permeate all aspects of your life.

With a relaxed body and a calm mind, you will be better able to cope & overcome the stresses you face on a daily basis. Don't you owe it to yourself to be healthy? Join us!

Saturday mornings and Wednesday evenings

18 and up

03/30/2019 - 06/29/2019

Downingtwn United Methodist Church

\$225 Res, \$245 Non-Res

Saturday Mornings only

03/30/2019 - 06/29/2019

9 - 10 AM

Downingtwn United Methodist Church

\$135 Res, \$155 Non-Res

Teen Yoga at The Sanctuary

This class offers a structured approach to cleansing the mind & body. It is offered in a comfortable environment with peers to help reduce stress, build strength, improve body image, breathing, mood & cognitive function, promote better posture & improve concentration. We will have fun!

Sundays

03/24/2019 - 05/12/2019

10 - 11 AM

The Sanctuary Wellness Institute

\$180 Res, \$200 Non-Res



YOGA AND MEDITATION

Weekly Yoga Class

Often called “Bliss Yoga,” Svaroopaa® Yoga is slower paced, with careful alignments customized to your body’s needs, making our classes both accessible and profound. We specialize in unraveling the layers of muscles wrapped around your spine. Each class is 90 minutes, and begins and ends with a guided relaxation (yoga nidra).

Wednesdays

04/03/2019 - 04/24/2019

06/05/2019 - 06/26/2019

08/07/2019 - 08/28/2019

9:30 - 11 AM

Downingtown Yoga & Meditation Center

\$80 Res, \$100 Non-Res

Yoga Inspired Stretching @ Aquatics Is

The benefits of stretching are countless. From improved flexibility and balance to increased injury prevention and muscle performance. Stretching is as important as any other form exercise, maybe even more. In this class we will combine gentle stretching exercises with mindful breathing and stress relieving dynamic movements. We will focus on releasing tension in the large muscle groups with a goal of increasing flexibility and total body relaxation.

Yoga Inspired Stretching (Mondays) - Spring 2

Mondays

04/15/2019 - 05/20/2019

10 - 10:55 AM

Ashbridge Manor Studio E

\$75 Res, \$95 Non-Res

Mondays

06/03/2019 - 06/24/2019

07/08/2019 - 07/29/2019

10 - 10:55 AM

Ashbridge Manor Studio E

\$50 Res, \$70 Non-Res



Yoga Pain Clinic

Do you live in pain? Looking for an alternative way to manage your pain? Learn how to live a pain-free life!

Svaroopaa® yoga can reduce and eliminate pain – come and see how. Find out how yoga can help you with your aches and pains. Learn what is going on from yoga’s perspective and experience a few body-friendly yoga poses selected specifically for those in attendance. At the end of the program, you will know if classes or private therapy sessions will be likely to help you.

Monday

05/20/2019

07/22/2019

7 - 9:30 PM

Downingtown Yoga & Meditation Center

\$5 Res, \$5 Non-Res

Yoga Series

Slow yoga, meeting you where you are at and moving you ahead. Every pose is customized to your needs and abilities. Every class includes a personalized assessment with mid-week calls with your teacher to keep you on track between classes. Discover how easy it is to feel better. Learn to take care of your body in a whole new way, while you discover a deeper inner dimension that fills your heart and fuels your life.

Fridays

05/24/2019 - 06/28/2019

7 - 9 AM

Downingtown Yoga & Meditation Center

\$135 Res, \$150 Non-Res

Mondays

03/25/2019 - 04/29/2019

7 - 9 PM

Downingtown Yoga & Meditation Center

\$135 Res, \$150 Non-Res

Yoga Improves your Life Mondays

07/22/2019 - 09/02/2019

7 - 9 AM

Downingtown Yoga & Meditation Center

\$135 Res, \$150 Non-Res

Yoga Makes You Happy

18 and up

Tuesdays

04/16/2019 - 05/21/2019

7 - 9 AM

Downingtown Yoga & Meditation Center

\$135 Res, \$150 Non-Res

Yoga Makes you Feel Good!

Thursdays

06/20/2019 - 07/25/2019

7 - 9 AM

Downingtown Yoga & Meditation Center

\$135 Res, \$155 Non-Res

Parent & Tot Swimming @ Downingtown Swim Academy

Downingtown Swim Academy offers a wonderful parent/child interaction in warm water pool with songs and games. Experienced instructors teach parents to work with their children in aquatic surroundings.

Parent(s) and children (6 months to 3 years of age).

Novice Swim Lessons @ Downingtown Swim Academy

The objective of this level is to help students build on their learned skills for the standard swim strokes: freestyle, backstroke, butterfly and breaststroke.

Ages: 5-12 years

Schedule: 45 minutes once a week for six classes

Pre-Beginner Swim Lessons @ Downingtown Swim Academy

The objective of this level is to help students feel comfortable in the water and enjoy the water safely through body balance positions and “face in” skills.

Ages: 3-5 years

Schedule: 30 minutes once a week for six classes

Beginner 1 Swim Lessons @ Downingtown Swim Academy

The objective of this level is to help students gain confidence through learned body balance positions and upper body movements while mastering floating on their backs, breathing and beginning stroke skills. Child should be comfortable putting their face in the water.

Ages: 3-5 years

Schedule: 30 minutes once a week for six classes

Beginner 2 Swim Lessons @ Downingtown Swim Academy

The Beginner 2 level is for students that are comfortable with putting their faces in the water and floating on their back, unaided, for a 10 second count. The objective of this level is to help students gain confidence through learned body balance positions, breathing, stroke and kicking skills.

Ages: 3-5 years

Schedule: 30 minutes once a week for six classes

Advanced Beginner Swim Lessons @ Downingtown Swim Academy

This level is for swimmers who can put their faces in the water and swim freestyle for 6 feet. The objective of this level is to help students build on their learned skills in freestyle and begin backstroke while building endurance.

Ages: 5-12 years

Schedule: 45 minutes once a week for six classes

Pre-Team Swim Lessons @ Downingtown Swim Academy

This 45 minute class focuses on improving technique and endurance in all four competitive strokes in preparation for swim team.



This class is only offered to students who have completed at least one session of group lessons and have been recommended for this level by lead instructor.

Ages: 5-12 years

Schedule: 45 minutes once a week for six classes

Visit our registration website at downingtownpa.myrec.com for the full list of dates and times for youth swim classes.



YOUTH SPORTS & LEAGUES

Baton Twirling

BATON TWIRLING RIGHT HERE IN DOWNINGTOWN~

Have you ever seen a baton twirler? Baton twirling is a sport that we are bringing back to Pennsylvania. These classes includes hand eye coordination, learning to toss, twirls, movements, rolls on the body, marching and all while including dance movements and gymnastics. Baton twirling is a unique sport that is great for all types of performers.



You will need a baton, if you do not have one you may purchase one at the studio for \$40.

Ages 8 - 14

Mondays

04/01/2019 - 05/20/2019

5 - 5:45 PM

Russells Dance and Baton Studio

\$115 Res, \$135 Non-Res

Ages 4 - 8

Wednesdays

04/03/2019 - 05/22/2019

5:30 - 6:15 PM

Russells Dance and Baton Studio

\$115 Res, \$125 Non-Res

Ages 5 - 10

Wednesdays

06/19/2019 - 07/17/2019

5:45 - 6:30 PM

Russells Dance and Baton Studio

\$80 Res, \$100 Non-Res

Downingtown Rookie Rugby

Rookie rugby is a fun way for young kids to get their first introduction to the fast growing sport of rugby. This camp is co-ed, non-contact "touch rugby" designed to introduce rugby skills (running, passing skills, and space strategy). Come join the fun and see why rugby is one of the fastest growing sports in the USA.

T-shirt and rugby ball included in registration fee.

Tuesdays and Thursdays

06/18/2019 - 08/01/2019

6 - 7:30 PM

Hickory Park Field Area

\$70 Res, \$90 Non-Res

Honeybrook Golf Club - After School Program

Instructed by PGA Teaching Professional, Duane Lent, the After School Program is one of our most popular Junior Golf Programs. Students will learn and reinforce the basics of the full swing, short game, and putting. There will be plenty of games and competitions. By the end of the program, students will have a strong grasp on the basic fundamentals of the game of golf! If you have your own golf clubs, feel free to bring them. If you do not have your own golf clubs, they will be provided free of charge.

Ages 7 - 14

Tuesdays

04/23/2019 - 05/14/2019

4:30 - 5:30 PM

Honeybrook Golf Club

\$130 Res, \$150 Non-Res

Learn to Ice Skate @ Power Play Ice Rinks

Have Fun while learning the fundamentals of ice skating. The Learn to Skate Program is open to individuals of all ages; children through adult. No previous skating experience is required. Each class consists of half hour group lesson and a half hour of a supervised practice session. Each student may bring one parent on the ice during their practice session for a small fee. No siblings or friends may be on the ice unless registered in the class.



Thursdays

04/11/2019 - 05/30/2019

1:40 - 2:40 PM

Power Play Ice Rink

\$145 Res, \$160 Non-Res

Saturdays

04/20/2019 - 06/08/2019

11:50 AM - 12:50 PM

Power Play Ice Rink

\$135 Res, \$150 Non-Res

Thursdays

04/11/2019 - 05/30/2019

5 - 5:30 PM

Power Play Ice Rink

\$95 Res, \$115 Non-Res

Fridays

05/31/2019 - 07/12/2019

7:25 - 8:25 PM

Power Play Ice Rink

\$100 Res, \$120 Non-Res

Fridays

04/12/2019 - 05/24/2019

7:25 - 8:25 PM

Power Play Ice Rink

\$135 Res, \$150 Non-Res

Fridays

07/19/2019 - 08/30/2019

7:25 - 8:25 PM

Power Play Ice Rink

\$100 Res, \$120 Non-Res



Soccer Shots ~ Classic

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait at each session such as respect, teamwork, and appreciation. Children participating will also receive a Soccer Shots jersey!

A \$15 fee will be collected at the first practice for a jersey and supplies

Mondays 04/01/2019 - 05/20/2019 4 - 4:45 PM Bell Tavern Park \$120 Res, \$140 Non-Res	Mondays 04/01/2019 - 05/20/2019 5 - 5:45 PM Bell Tavern Park Field Area \$120 Res, \$140 Non-Res
Tuesdays 04/02/2019 - 05/21/2019 4 - 4:45 PM East Brandywine Community Park Soccer Field \$120 Res, \$140 Non-Res	Saturdays 03/23/2019 - 05/18/2019 9:30 - 10:15 AM West Bradford Elementary \$120 Res, \$140 Non-Res

Tuesdays
04/02/2019 - 05/21/2019
5 - 5:45 PM
East Brandywine Community Park
\$120 Res, \$140 Non-Res

Soccer Shots ~ Premier

Soccer Shots Premier focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner and receive a Soccer Shots jersey!



Saturdays
03/23/2019 - 05/18/2019
10:30 - 11:15 AM
West Bradford Elementary
\$120 Res, \$140 Non-Res

Soccer Shots~ Intro to Soccer

Soccer Shots Mini is a high-energy program introducing toddlers with their parents to fundamental soccer principles, such as using your feet, dribbling, and the basic rules of the sport. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active. Toddlers who participate will also receive a Soccer Shots jersey to wear to each session!

A \$15 fee will be collected at the first practice for supplies and a jersey.

Saturdays
03/23/2019 - 05/18/2019
8:45 - 9:15 AM
West Bradford Elementary
\$120 Res, \$140 Non-Res

Tikes T-Ball

Tikes T-Ball is all about the basics. Fun games and activities for first timers to help your child progress towards competitive baseball and softball. Over 4 weekly sessions, they will hone their hitting, throwing and fielding skills and learn about the game of baseball/softball. Providing small group instruction, it's a great warm-up for your local spring youth t-ball league!

Equipment is not needed for the beginner group class, but a beginner's glove is helpful. Program taught by DARC staff with help from local middle schoolers. Parents & Guardians are encouraged to stay in the park during the program.

Ages 4 - 6 Fridays 05/03/2019 - 05/24/2019 5:30 - 6:30 PM	Bell Tavern Park Field Area \$85 Res, \$105 Non-Res
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Youth Rock Climbing

Are your kids climbing the walls? This class uses fun games and activities to introduce climbers to basic skills and safety. Climbers will learn how to put on a harness, tie knots and basic climbing techniques.

All climbing equipment provided.

Thursdays 03/21/2019 - 04/11/2019 04/25/2019 - 05/16/2019 6 - 7:30 PM	Downingtown Rock Gym \$50 Res, \$70 Non-Res
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YOUTH SPORTS & LEAGUES

Youth Tennis Leagues

DARC facilitates the scheduling of facilities for United States Tennis Association (USTA) and other leagues that our residents participate in.

We assist with adult tennis leagues in the spring / fall and a youth junior tennis league in the summer. Becky Desmond, USPTA, PTR Certified, coordinates the leagues. She can be reached at 610-241-4693 or bd315@aol.com with questions on the program. Please contact her before registering. DARC only accepts registrations from existing Team Captains and not individuals.

Team captains are required to pay for your team prior to the season, please select the season below. You have the option of paying by credit card or dropping off / mailing a check to our office at 114 Bell Tavern Road. Please complete your payment before the season begins.

Monday - Thursday
06/18/2019 - 07/31/2019
Downingtown West High School Tennis Courts
\$250 Res, \$250 Non-Res

Learn to Play Ice Hockey

We offer a Learn to Play Hockey class that is devoted to enhancing the hockey skills needed to advance players into youth ice hockey. Our philosophy is to allow the players to develop their hockey skills while growing their love for the game.

Every week the players will work on skating skills, puck skills, and partake in some type of game to keep them coming back for more. All Participants should be able to skate around ice without falling, do some type of stop, and be able to move backwards.

Required Equipment: Every child is required to wear an ice hockey helmet with face cage or shield, elbow pads, gloves, cup/pelvic protector, hockey shin pads, ice hockey stick, hockey pants, and skates.

Rental skates are provided free of charge for those who need them.

Saturdays	Fridays	Fridays
04/20/2019 - 06/08/2019	06/21/2019 - 07/19/2019	07/26/2019 - 08/30/2019
10:55 - 11:45 AM	6:25 - 7:15 PM	6:25 - 7:15 PM
Power Play Ice Rink	Power Play Ice Rink	Power Play Ice Rink
\$135 Res, \$150 Non-Res	\$99 Res, \$119 Non-Res	\$115 Res, \$130 Non-Res



YOUTH SPECIALTY

Engineering For Kids - Jr. Marine Engineering

What causes something to sink or float? How can engineers help explore and protect the ocean below? These questions and more are all explored in Junior Marine. In this class, students explore the concepts of marine engineering and mechanics, harnessing the power of water, and discovering designs that help us make the impossible possible.

Ages 4-7
Thursdays
04/04/2019 - 05/09/2019
5:30 - 6:30 PM
Downingtown Municipal Building
\$133 Res, \$153 Non-Res

Stand Out Manners

From handling introductions to knowing how to use your napkin politely at the table, equip your child with stand-out manners how-to of everyday social skills for establishing kind habits and life-long success. Manner topics include: parts of a five-star up beat, with lively discussion and role playing.

Ages 6-12
Thursdays
04/04/2019 - 05/02/2019
4 - 5 PM
Downingtown Municipal Building
\$50 Res, \$70 Non-Res



Acro Tumbling

Are you interested in learning how to tumble without the commitment of gymnastics? Learning cartwheels, round offs, cartwheels into walkovers, and handspring back tuck side aerials, training and flexibility-cheerleaders welcome. Profession coach on staff! Clean sneakers or ballet slippers.

<p>Acro Tumbling: Beginner Ages 5 - 12 Fridays 03/29/2019 - 05/17/2019 5:45 - 6:45 PM Victoria J. Irely School of Dance \$120 Res, \$140 Non-Res</p>	<p>Acro Tumbling: Intermediate/Advanced Ages 10 and up Fridays 03/29/2019 - 05/17/2019 7:45 - 8:45 PM Victoria J. Irely School of Dance \$120 Res, \$140 Non-Res</p>
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Ballet 1 & 2

This class is designed to introduce the graces and basics of ballet, while furthering the development of vital motor skills, coordination, special awareness, and expression through movement. In class, dancers will learn French ballet terminology while working on technique through barre and center floor work. Classes are based on the Vaganova-style teaching method, and are traditionally organized to include port- de-bras, jumps, turns, and elegant dance routines. Classes are offered on either Monday or Saturday for 7 weeks. There is a mandatory dress required and not included in the price.

<p>Ages 7 - 12 Mondays 04/15/2019 - 06/03/2019 6 - 7 PM Power Play Ice Rink Eagle Dance Academy \$85 Res, \$105 Non-Res</p>	<p>Ages 7 - 12 Saturdays 04/13/2019 - 06/01/2019 11 AM - 12 PM Power Play Ice Rink Eagle Dance Academy \$85 Res, \$105 Non-Res</p>
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Hip Hop Classes by Victoria J. Irely School of Dance

This class is full of fast paced, fast beat dance steps to hip hop music. Come check out the newest addition to our staff and learn the many different styles of hip hop! Please wear comfortable clothes and clean sneakers. No street. shoes.

<p>Beginner Hip Hop Ages 6 - 9 Mondays 03/25/2019 - 05/13/2019 7 - 7:45 PM Victoria J. Irely School of Dance \$104 Res, \$124 Non-Res</p>	<p>Intermediate/Advanced Hip Hop Ages 12 and up Mondays 03/25/2019 - 05/13/2019 8 - 9 PM Victoria J. Irely School of Dance \$104 Res, \$124 Non-Res</p>
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Jazz and Ballet

We are so excited to be offering a class over the summer for all ages and levels. Classes will be broken down by age and ability in the class with multiple teachers. This class allows students to explore “attitude or sass” within dance to upbeat styled music.



Jazz is an extension of ballet often having similar steps that are “turned-in” or “parallel” and is a great fuse of technique and personal style. A low center of gravity, high energy level, isolations, and style are all characteristics used to identify jazz dance.

Each class consists of stretches, warm-ups, isolations, center work, and turns. As well as tumbling skills and jumps. Students will learn sequences, several different styles of jazz dancing, strength, flexibility, and discipline.

<p>Ages 3 - 6 Wednesdays 06/19/2019 - 07/17/2019 5 - 5:45 PM Russells Dance and Baton Studio \$80 Res, \$100 Non-Res</p>	<p>Ages 7 - 11 Wednesdays 06/19/2019 - 07/17/2019 5 - 5:45 PM Russells Dance and Baton Studio \$80 Res, \$100 Non-Res</p>
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YOUTH DANCE

Jazz dance with Tumbling

Russell Studio in DOWNTOWN is offering this Jazz dance with tumbling skills class. This class allows students to explore “attitude or sass” within dance to upbeat styled music. Jazz is an extension of ballet often having similar steps that are “turned-in” or “parallel” and is a great fuse of technique and personal style. A low center of gravity, high energy level, isolations, and style are all characteristics used to identify jazz dance.

Ages 4 - 8	Ages 9 - 14
Mondays	Mondays
04/01/2019 - 05/20/2019	04/01/2019 - 05/20/2019
4:15 - 5 PM	5:45 - 6:30 PM
Russells Dance and Baton Studio	Russells Dance and Baton Studio
\$115 Res, \$135 Non-Res	\$115 Res, \$135 Non-Res

Kinder Dance

This class combines creative movement, rhythm activities, pre-ballet, tap and tumble. Warm-up, stretch and learn basic ballet and tap moves through song. Leotard and tights, ballet slippers or tap shoes required.

Tuesdays	Ages 3 to 4
03/26/2019 - 05/14/2019	Saturdays
10 - 10:45 AM	03/30/2019 - 05/18/2019
Victoria J. Ireys School of Dance	10 - 10:45 AM
104 Res, \$124 Non-Res	Victoria J. Ireys School of Dance
	\$104 Res, \$124 Non-Res

Teen Ballet (Beginner-Intermediate)

Classical Ballet is known as a beautiful art form and is the foundation of all dance styles. With this class, students will learn a variety of ballet and lyrical dance techniques, floor combinations, and creative dance routines designed to increase flexibility and coordination, enhance rhythmic sensitivity, and heighten body awareness. Technique will be emphasized through floor combinations, barre and floor work, and jumps. There is a mandatory dress required and not included in the price.

Ages 12 - 17	Power Play Ice Rink
Tuesdays	Eagle Dance Academy
04/23/2019 - 06/04/2019	\$100 Res, \$120 Non-Res
6:15 - 7:15 PM	

Teen Hip-Hop/Funk/Jazz @ Eagle Dance Academy

Hip Hop n’ Funk is a popular dance style that is featured in music videos seen on TV. By breaking down stylized combinations of Street Funk, Hip-Hop, and Pop, you will soon learn to dance the patterns used by professional dancers - all while listening to the latest hits! This is a fun, high-energy class designed to get you moving! There is a mandatory dress required and not included in the price.

Ages 11 - 16	Power Play Ice Rink
Thursdays	Eagle Dance Academy
04/25/2019 - 06/06/2019	\$100 Res, \$120 Non-Res
6:20 - 7:20 PM	

Twinkle Toes Ballet @ Eagle Dance Academy

Twinkle Toes Ballet gently introduces little children to the wonderful world of dance through movement, music, and imagination. The instructor will combine the basic skills of ballet dance with props and musical instruments to create a fun learning environment for children to thrive.

Mondays	Saturdays
Ages 3 - 5	04/13/2019 - 05/25/2019
04/15/2019 - 06/03/2019	10 - 10:45 AM
5:15 - 6 PM	Power Play Ice Rink
Power Play Ice Rink	Eagle Dance Academy
\$80 Res, \$100 Non-Res	\$80 Res, \$100 Non-Res

Youth Hip-Hop & Funk @ Eagle Dance Academy

Hip Hop n’ Funk is a popular dance style that is featured in music videos seen on TV. By breaking down stylized combinations of Street Funk, Hip-Hop, and Pop, you will soon learn to dance the patterns used by professional dancers - all while listening to the latest hits! This is a fun, high-energy class designed to get you moving! There is a mandatory dress required and not included in the price.



Ages 7 - 11	Power Play Ice Rink
Saturdays	Eagle Dance Academy
04/13/2019 - 06/01/2019	\$85 Res, \$105 Non-Res
12 - 1 PM	



ONLINE INSTRUCTION

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Experience Education To Go! Over 300 Online Courses

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. It's no wonder that many long-lasting friendships have formed in our lively and intelligent discussion areas.



All courses run for six weeks (with a two-week grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any of these courses entirely from your home or office and at any time of the day or night.

How to Get Started:

Visit our Online Instruction Center at:
www.ed2go.com/darc

Start Dates:

A new section of every course in this catalog will begin quarterly:

View the online catalog for complete list of classes at
www.ed2go.com/darc

NOW HIRING SUMMER CAMP STAFF

We have begun interviewing for our summer camp staff positions. We are hiring half day Site Supervisors, full day Camp Leaders, full day Assistant Leaders, and half day Group Leaders & Assistant Leaders. As long as you are great with kids, we have the right position for people with a wide range of experience levels and age preferences. Our positions run over a nine week period from mid June through mid August and offer competitive pay - and some of our camps allow for Fridays off too!



We are especially seeking responsible Leaders with a teaching background. It is a great way for young teachers to gain additional experience with children or retired teachers to keep in touch with the new generation. You are able to choose the age group that you desire to work with.

Please call our office at 610-269-9260 or e-mail downingtwnrec@gmail.com for more information. The link to apply for our summer jobs is <https://goo.gl/forms/JQnXES13euqEPFXE2>

DISCOUNTED ATTRACTION TICKETS

We anticipate having the following discounted attraction tickets available this summer:

Adventure Aquarium
Baltimore (National) Aquarium
Clementon Park
Crayola Experience
Diggerland
Dorney Park
Dutch Wonderland
Franklin Institute
Hershey Park
Kennywood
Knobels Amusement Park

Medieval Times
Morey's Pier
Museum of the American Revolution
PA Renaissance Faire
Philadelphia Zoo
Please Touch Museum
Sahara Sam's Oasis
Six Flags AMERICA
Six Flags Great Adventure

The tickets should be available beginning in May. Please check our website for availability and pricing.



We continue to offer discounted movie tickets (\$10 each) to Regal, United Artists, and Movie Tavern locations.



Downingtown Area Recreation Consortium

114 Bell Tavern Road
Downingtown, PA 19335

610-269-9260

www.darc.info

Office Hours

Monday - Friday
8:30 AM - 4:30 PM

Check Out Our New and Exciting Program Offerings, Something for Everyone!

- **Basic Vehicle Maintenance**
- **Promoting your Child's Academic Success**
- **Teen Yoga**
- **Stand out Manners~ Etiquette for Children**
- **Baton Twirling**
- **Touch Rugby**

